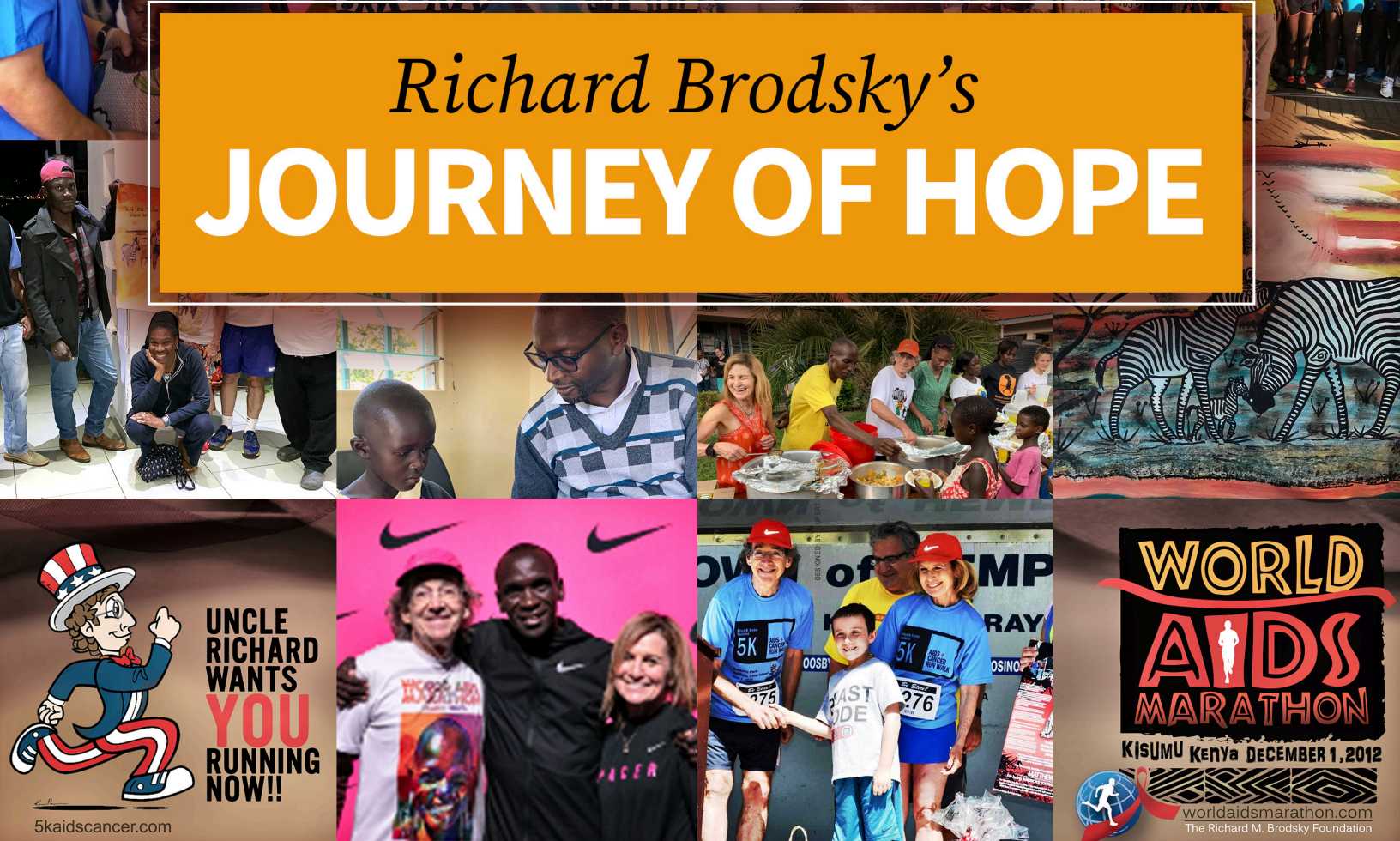




# Richard Brodsky's JOURNEY OF HOPE







World AIDS Marathoners Love Affair With Kenya  
watch video: <https://www.youtube.com/watch?v=sGwNJBaZ-v8&t=3868s>

*"Yours is a beautiful message of Hope."*

**Dr. Bruce Dezube**, Harvard Medical School

*"I thoroughly wish you all the best in your continuing battle against HIV/AIDS  
and I commend you for all you're doing to raise money for a cure."*

**Congressman Thomas R. Suozzi**

*"There is no harder working team of race directors on Long Island than Richard and Jodi Brodsky."*

**Mike Polansky**, President of the Greater Long Island Running Club

### IN LOVING MEMORY OF

Aaron & Marion Gural	Clayton & Lillie Bell Staten	Grail McGinley	Joseph & Phylliss Sartori	Michael Robano	Samuel Hauso Onyango
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Albert	David Brodsky	Harriet Cooper	Julia Sevy	Millicent Achieng	Selina Obonyo Agak
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(Roque) Rodrigues	Evelyn Felder	Mazzitelli	Mark Manfred Wallace	Rita & Bob Bronfman	Vicente Perez
Betty Schachner	everyone listed here	James Mitford	Martin & Patricia Harte	Rita Corbett	Victoria Yagnisis
Beverly & Al Kampel	(Kings Pharmacy)	James Quinn	Mary & Fred Eyerman	Rita Rohen	Vincent Gargano
Beverly & Louis Donenfeld	Everyone who died from	Jeanette & Khanbaba	Mary & Larry Randone	Robert Landress	Virginia C. & Alberto
Brian Monaghan	cancer & AIDS	Fatoullah	Mary & Patrick Mulvey	Robert Woods Loy	Roque Rodrigues
Brian Mulvey	Francesca Osso	Joanne & Jules Slansky	Mary & Thomas Kelly	Ronald Franklin	Vit Antonio Sguera
Calvin Holt	Francis Arnold & Pauline	Joe & Anthony Sartori	Mary Matathias, z"l	Ronnie & Joseph	Wanjiku Ngugi
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Carol & Mitchell Silbowitz	Frederick Horstmann	John Onyango	Chodkowski	Ruchel, Aurelia & Samuel	William Elliot Abt
Charna Radbell	George Gillin	John Quinn	Maureen Fitzer	Weisman	William Oluoch Onyango
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Clara & Julius Brodsky	Gladys & Sidney Goldberg	Jose Nunez	Max & Liv Stevens	Sadie & Marty Frieser	Zulina & Simon Samuels
	Gordon Apindi	Jose P. & Gilda C. Dutra			

Author: Richard Brodsky

Books donated by: Maidenbaum Property Tax Reduction Group, and anonymous individuals



*“I am in awe of your dedication and hard work and I stand with the many who pledge to continue their support of the Richard M. Brodsky Foundation. Continue to let your light shine!”*

**Denise Ford**, Nassau County Legislator

*“Archbishop Desmond Tutu is delighted to hear of the 2004 AIDS Africa Marathon. He sends his warm wishes for the success of this exciting and challenging event.”*

**Archbishop Desmond Tutu/Lavonia Brown**, Personal Assistant

*“Always remember how much I love you. Let’s always remember how lucky we are to have each other.”*

**Jodi Brodsky**

This is the 4th edition of the book Richard Brodsky’s Journey of Hope. Each time I rewrite the book it is from the perspective that every year lived is a precious gift. I’m HIV+ since 1997 and in 2002 I was diagnosed with terminal brain cancer. I will never give up. My marathon-running loving wife Jodi has promised to run a marathon with me for my 100th birthday. Seeking joy, love, understanding, and kindness; running marathons; and helping children in America, orphans in Kenya, and people living with HIV/AIDS and cancer is what keeps me upbeat. May you find joy in the pages of this book and the trailer and video titled World AIDS Marathoner’s Love Affair With Kenya. Kenyans can teach America and western civilization a valuable lesson: **Embrace and celebrate diversity**. May you find your rhythm in life to dance, sing, paint, and run like Kenyans in a land that is blessed with lions, zebras, elephants, impalas, and cheetahs.

Thank you to everyone who worked on the trailer and movie: Akarsh Lal, Andris Rodriguez, Bob Koenig, Bowen Luo, Channa Commanday, Coster Ojwang, David Mercado, Delivering Good, Dr. Anton Berzins, Dr. Bonyo, Dr. David Ousu, Dr. Richard Sartori, **Eliud Kipchoge (only person in the world to run a sub-2 hour marathon)**, Eunice Owino, Jameelah Aziz, Jodi Brodsky, Jacob Lustbader, Josh Moinian; the Juilliard Music School dancers: Aaron Choate, Brigitte Manja, Kasandra Kruz, and Morgan Klume; Kenyan board members of Richard M. Brodsky Foundation: Arthur Ogendo, Joseph Ochieng, Kevin Momanyi Ong’uti; Kenyati Films, Kiki Yuan, Kysh Roberts, Lindsey Mayer, Ming Wei Chong, Onario Mercado, Mason Pistone, Pastor Paul Ochieng, Rabia Aziz, Rene Wallesch, Sirena Beard-Galati, Sydney Lopes, Troy Fritzhand, and Zikki Kenya.

You can view the trailer and video for World AIDS Marathoner’s Love Affair With Kenya by visiting the YouTube Channel: **worldaidsmarathon**. Please subscribe, like, comment, and share.

### THANK YOU

Jodi Brodsky for pushing me to the limits when we run. To all my doctors, physical, and massage therapists for keeping me strong and healthy including Dr. Casilda Balmaceda (brain oncologist), Dr. Joseph McGowan (HIV), Dr. Emil J. Hadley (providing me with some miracle compound), Dr. Andrew Greenberg (surgeon who did not perform surgery but recommended physical therapy after a soft cast was removed), Jerry Kelley and Ignatious Walter Oluoch (massage therapists in USA and Kenya respectively), and Kristan Catanese (Peak Performance Physical Therapy of Island Park).



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# Richard's Story

My name is Richard Brodsky. I've been married to Jodi for 40 years and we have three daughters. In 1997, I had to tell Jodi I was both bisexual and HIV positive. She reacted in the most surprisingly supportive and loving way I could have ever hoped for. Jodi and I had always been marathon runners and 15 months after being diagnosed HIV-positive I ran my fastest marathon; 03:23 at age 46. In 2002 I wrote a book: *Jodi, The Greatest Love Story Ever Told*. The book was a gift to my wife for keeping our family loving and whole. It was also a plea to governments and corporations to make AIDS medicine and follow-up medical care available to people all over the world living with HIV. Since 2002, when the book and I 'came out' I have willingly stayed faithful to my devoted wife.

It was a little rough on Jodi's and my family when they first learned of my story. Everyone wanted me to focus on my architectural practice, and each time our story was told on national TV, I would always expect some tough phone calls. I recall leaving home the day after my 50th birthday and going on a cross-country book tour for two months. It was difficult for both Jodi and me because we had never been apart for more than a day. My return to New York on October 31st was expected to be the most exciting week of my life. I would be seeing Jodi, doing book signings at Barnes & Noble in Greenwich Village and also three blocks from the White House; and speaking at American University and NYU. And even Newsday was planning to write a story about Jodi and me running the 2002 NYC Marathon. Pfizer Corporation was considering having us as spokespeople for Viracept, an HIV medication I take. However, on November 1, 2002 my world crashed; I had a seizure at my own book signing at the Barnes & Noble Greenwich Village Store.

November 26, 2002, I was scheduled for brain cancer surgery and the diagnosis was grim going into the surgery. I was told they could get about 80 – 90% of the tumor out without affecting my mental and physical functions. There was always the slight possibility that I would not survive the surgery. During our goodbyes as they wheeled me into the operating room, Jodi and I must have shed a bucket of tears. But this will be the last sentence of despair you will hear from me. After all, this is my 'Journey of Hope' and I've invited you to share in my journey. Two years to the day after my brain cancer surgery, Jodi and I were flying to Mbita, Kenya to sponsor the first ever World AIDS Marathon.

Upon arriving in Africa, I was totally unprepared for the poverty that existed. I was very naïve in thinking that all you had to do was get the AIDS medicine and follow-up medical care to people living with HIV. I was totally unprepared to see firsthand the effects of malaria, tuberculosis, hunger, poverty, and the lack of clean drinking water. This really was a 'Dark Continent.' Yet there were signs of hope which I embraced. From nature's perspective, Kenya has an alluring natural beauty with its wild-life and flowers. From a human point of view, we couldn't help but feel how rewarding it was to be able to help the Kenyan orphans by sponsoring orphan dinner dances. The Richard M. Brodsky Foundation has sponsored 37 orphan dinner dances for 10,614 Kenyan orphans and provided medical care for 2,511. Although there are more than 15,200,000 orphans living in Sub-Saharan Africa who have lost one or both parents to AIDS, at least as one volunteer said, we were bringing a 'window of hope' to some of those orphans. The children really did seem to appreciate Jodi and me coming to Africa, as they see us as people who really do care about them, as opposed to some corporate donor whom they will never meet.

You be the judge as you continue to read through this book: Are we a worthy charity? How many 68 years-young brain cancer survivors living with HIV, presidents of foundations are running marathons to raise awareness and money for people living with HIV and cancer both in America and Africa?



# American Medical Student Association Supports the Richard M. Brodsky Foundation

Jodi and I are fully aware that had we been born in Africa, our children would most likely be included in the 15,200,000 orphans living in sub-Saharan Africa. Would someone be there for my girls? Would someone be there for your friend's or relative's child?



Photo: courtesy of American Medical Student Association.



# Richard M. Brodsky Foundation Board Members

**Richard M. Brodsky**—President of the Richard M. Brodsky Foundation, to learn more visit: [richardmbrodsky.org](http://richardmbrodsky.org), [5kaidscancer.com](http://5kaidscancer.com), and [worldaidsmarathon.com](http://worldaidsmarathon.com). To learn more about his book, *Jodi, The Greatest Love Story Ever Told*, visit [trebloom.com](http://trebloom.com). According to online sources, Richard is the only known person in the world who runs marathons and is living with HIV and brain cancer. Richard was born in 1952 and married Jodi in 1980.

**DR. CASILDA BALMACEDA**—Neurologist and Richard's brain cancer oncologist, credited for saving saving Richard's life. Her research in the field of brain tumors is widely published.

**JODI BRODSKY**—Jodi is the proud mom of three daughters, works for NIKE, and continues to run faster as she ages. Jodi was born in 1954 and has run 79 marathons including 7 straight Boston Marathons.

**LUISA DUTRA**—Cancer survivor and owner of local Dunkin Donut Stores in Long Beach, Lawrence, and Valley Stream, NY. Luisa and her husband John were recently honored by St. Joachim's Church of Cedarhurst, NY for their community service.

**ASHER MATATHIAS**—Adjunct Professor Political Science at St. John's University, Queens, NY. President of Five Towns, Long Island Chapter of B'nai B'rith, and Chair of the Annual Greek Jewish Holocaust Commemoration.

**REVEREND WANDA FAYE MYERS** – Executive Minister at Living Hope Fellowship Church of Massapequa, serving under Sr. Pastor Dr. Patricia Rickenbacker. Responsible for supplying baby items to single moms through Myers House. Administrative Assistant to the principal of Wyandanch High School and responsible for community outreach programs.

**KEVIN ONG'UTI MOMANYI**—Lead Volunteer at World AIDS Marathon. Children adore Kevin at orphan dinner dances. He is a procurement professional and currently serving as a sales executive in a leading dairy industry company.

**PETER NGUYEN**—Peter Nguyen is a serial entrepreneur who has built some of the fastest growing companies in numerous industries including digital advertising, blockchain, energy, and FinTech. Peter was also selected as National Finalist for EY Entrepreneur of the Year in 2018.

**JOSEPH OCHIENG** – IAAF Walk Lecturer and Judge, Chairman Race Walking Judge Africa, and Chairman ATHLETICS KENYA Nyanza North and Siaya County. Joseph's expertise and international contacts makes him the ideal race director for the World AIDS Marathon.

**ARTHUR OGENDO**—Research scientist at Kenya Medical Research Institute (KEMRI) in Kisumu and global activist for helping orphans and people living with HIV. Arthur is involved in all phases of organizing marathon and orphan dinner dances.

**DR. RICHARD L. SARTORI**—In 2011, Dr. Sartori became the first American to travel with Richard and Jodi to Kisumu, Kenya. Since then he has examined and treated 788 orphans and provided medicine at 22 orphan dinner dances. Dr. Sartori is a pediatrician, full partner at Garden City Pediatrics, and has completed 6 World AIDS half-marathons.

**JACQUELINE M. SELTZER**—Corporate and leisure meeting professional with over 20 years in the hospitality community. Active member of Meeting Professionals International Greater New York Chapter and Alliance of Independent Meeting Professionals.

For more info about the Board Members visit: [richardmbrodsky.org](http://richardmbrodsky.org) and click on GOVERNANCE.

# To My Jewish Friends

DR DAVID M SILVERSTEIN MD, FACC, FACP  
CONSULTANT CARDIOLOGIST / PHYSICIAN

DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE  
CARDIOVASCULAR DISEASES

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FAX: 2723180  
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EMAIL: silver@swiftkenya.com  
RESIDENCE: 3876997

April 23, 2010

## TO WHOM IT MAY CONCERN

**RE: JODI AND RICHARD BRODSKY**

I have known the Brodsky's for approximately 3 years both from their visits to the Nairobi Hebrew Congregation Synagogue as well as the excellent work they have been doing in the field of HIV Aids in Kenya. Through their foundation they have been sponsoring of orphan dinner dances since 2007 for as many as 1,900 orphans.

Mr Richard Brodsky, who is HIV positive, has been very helpful by coming forward and sharing his story with other HIV positive patients helping to remove some of the stigma of this disease in Kenya as well as the rest of the world.

He has been working on a program to provide seed for orphans and caretakers to grow their own fruits and vegetables and thus become independent and self reliant. He comes yearly to run marathons in Kisumu. During these events he has been successful in getting over 700 people to come for Aids testing. The latter is a very important strategy in Africa as well as other places in the world to prevent the spread of the disease.



**DR DAVID M SILVERSTEIN FACC FACP**  
**CONSULTANT CARDIOLOGIST/PHYSICIAN**

/jm

When Jodi and I travel to Kenya we stay at the home of Dr. David Silverstein and his wife Channa Commanday. Dr. Silverstein is an Honorary Life Rosh Kehilla and current Vice-Chairman of the Nairobi Hebrew Congregation. He was a personal physician to Arap Daniel Moi, the former late President of Kenya. The two gentlemen had traveled together to Israel and strengthened the close ties between these two countries.

Kenya and Israel have enjoyed a long-standing fruitful relationship with one another due to their bi-lateral cooperation and mutual interests in innovative technology, medicine, farming, and irrigation. This bond has been further enhanced by Kenya's mutual efforts to halt terrorist attacks.

As part of the 2011 World AIDS Marathon events at Jomo Kenyatta, 46 men were voluntarily circumcised, as reported by Dr. Walter Obiero, Director of Nyanza Reproductive Health Society. "Voluntary medical male circumcision is one of the most effective HIV prevention tools available today," said Mitchell Warren, Executive Director of the Global Advocacy for HIV Prevention (AVAC).

The above is a letter from Dr. Silverstein.



# Nairobi Hebrew Synagogue

During my annual visit to Kenya I make it a point to visit the Synagogue. In 2010, I was the 10th and final Jew to enter the Synagogue, after which the Torah, according to Jewish rituals, could be removed from the ark and read.

*"I'm very inspired by the way you have chosen to spend your time on earth. What you are doing are undoubtedly deeds of righteousness, loving kindness and holiness."* —**Rabbi Gershom Sizomu of Uganda**



Interior of the Nairobi Hebrew Synagogue.

# About the Richard M. Brodsky Foundation

## The Richard M. Brodsky Foundation has donated money or in-kind donations to the following projects

- Sponsored, co-sponsored, and participated in 16 World AIDS Marathons (15 in Kenya and 1 in Florida) to raise awareness that people living with terminal illnesses can live healthy, productive lives if they have access to AIDS medicine and follow-up healthcare. The Richard M. Brodsky Foundation seeks to raise further awareness of the problems such as, insufficient clean drinking water, hunger, poverty, malaria, and tuberculosis commonly found in Africa.
- Sponsored 37 orphan dinner dances for 10,514 orphans in Kenya. Provided medical care and medicine for 2,511 orphans and caretakers.
- Provided 15 orange and mango seedling plants so orphans can grow their own fruit.
- Sponsored or co-sponsored children's walks for 3,200 children in Kenya on the day of the World AIDS Marathon.
- Sponsored a free concert and provided lodging, meals, and transportation for 50 Kenyan runners for the 2006 Kisumu, Kenya World AIDS Marathon.
- Provided \$315,000 in cash, clothing, research for treatment, social activities, toiletry/gift items, and toys for children living with HIV or cancer. Recipients were: Abbey Lane Elementary School, Addabbo Health Clinic and Bethel A.M.E. Church of Far Rockaway, Cavalry Church of Inwood, Center of AIDS Research and Treatment at Northwell Health and its Client Advisory Board, Circulo de la Hispanidad, Cohen Children's Medical Center of NY, Congregation Sons of Israel, Don Monti Cancer Center, Five Towns Community Center and its AIDS Service Programs, Five Towns Early Learning Center of Inwood, Hewlett House, JCC of the Greater Five Towns Food Pantry, John Theissen Children's Foundation, Kiwanis Club of the Five Towns, Lawrence and Wyandanch High School, Living Hope Fellowship Church of Massapequa, Long Island Association for AIDS Care, Long Island Minority AIDS Coalition, Marion and Aaron Gural Nursery School, Nassau University Medical Center, Options for Community Living, Our Lady of Good Counsel Inwood, Planned Parenthood of Nassau County, Quinn Madeleine Foundation, Ronald McDonald House, South Nassau Communities Hospital, St. Boniface Church of Elmont, St. Joachim's Church, St. John's Episcopal Hospital of Far Rockaway, St. Mary's Hospital for Children, Suffolk County Perinatal Coalition, Stony Brook Children's Hospital, Thursday's Child, University of Florida at Gainesville, Winthrop Hospital and Winthrop Pediatrics Associates of Hempstead. Participants of all of the FREE 5K Run Walks for HIVers, Cancer Survivors & Friends in Oceanside Park, and some AIDS projects both in America and Africa were also among the donation recipients.
- Provided \$2,000 toward the commencement of groundbreaking on a 50 – 60 bed orphanage in Nakuru, Kenya; despite an 18-month construction delay.
- Sponsored 12 5K AIDS Cancer Run Walks in America since 2008; four were free events and provided hundreds of free entry for people living with HIV or cancer.
- Provided prize money totalling \$30,000 to runners since 2004, money was disbursed in \$50 - \$200 increments to ensure funds reached more local families.
- Provided AIDS counseling and testing for 3,300 people since 2006 in conjunction with the World AIDS Marathon.

I'm very fortunate to have such a loving wife and being someone who is a brain cancer survivor living with HIV. Jodi and I really do appreciate the opportunity that we get to travel to Kenya every year and raise awareness that HIV-positive people can live a productive life. Considering that AIDS is rampant in Africa, the harsh reality is that these individuals experience more discrimination in Africa than in America. Many Africans who are living with HIV are thrown out of their homes. When Jodi and I visit Kenya, oftentimes I'll hold her hand or give her a kiss. People look at us and wonder why Jodi would subject herself to becoming HIV positive. After many years, Kenyans are becoming more aware and accepting of those living with HIV, and those living with HIV are becoming more self-aware and advocating for others.



## 2004 World AIDS Marathon Mbita, Kenya

Welcome to the first-ever World AIDS Marathon, Mbita, Kenya on World AIDS Day 2004. While we only managed to raise \$3,000 it was enough money for the Little Lambs, a home for 50 – 60 orphans in Nakuru, Kenya, to begin groundbreaking after an 18 month construction delay. Some of the money raised also went to AIDS research at the University of Florida and other AIDS and cancer projects. Jodi and I traveled in three planes for 17 hours, drove four hours, and took a ferry ride with donkeys, goats, chickens, and Kenyans just to finally arrive in Mbita.



2004 World AIDS Marathon, Mbita Kenya.



Little Lambs Orphanage in Nakuru, Kenya.

## 2005 World AIDS Marathon in America and Why We Returned to Kenya in 2006

The Richard M. Brodsky Foundation held its first annual World AIDS Marathon in 2004. The full impact of the marathons was realized on March 28, 2006 when the World Health Organization issued a report stating Kenya was only one of two African countries that had a declining rate for new HIV/AIDS cases from December 2003 through December 2005.

My board members and I thought we would raise more funds by sponsoring a World AIDS Marathon in America rather than Mbita, Kenya. Sadly, we were wrong, as the 2005 World AIDS Marathon and Surviving & Thriving Conference cost the Richard M. Brodsky Foundation money. But we did meet some very caring people whom we continue to maintain a relationship with. We were at a loss as to how to proceed, but after reading the slide above prepared by AMSA, American Medical Student Association, it became clear we had no choice but to return to Kenya.



# Zeus, King of the Greek Gods Visits Kisumu, Kenya for 2006 World AIDS Marathon



World Aids Marathon participant, Zeus

Welcome to the 2006 World AIDS Marathon in Kisumu, Kenya. See the guy in the blue t-shirt on the left side? It was almost as if Zeus, King of the Greek Gods, traveled from atop Mt. Olympus to see how his modern-day marathon was faring, or could this have been a sign that a cure or vaccine for AIDS was in the near future?

Dr. Timothy Thomas had invited the Brodsky Foundation in early 2006 to choose Kisumu, Kenya for the 2006 World AIDS Marathon. Given that Dr. Thomas was chief of HIV/AIDS research at CDC KEMRI, it sounded like a great idea. That and the fact that he was a strong advocate for AIDS testing, especially for pregnant women, it was a no-brainer. If women who are pregnant and living with HIV took Neviripine at the time of birth, it would be 98% certain the baby would

be HIV negative. Local and international organizations provided AIDS testing & counseling for 86 Kenyans.

The marathon started and ended at Jomo Kenyatta Sports Ground, the same park where then Senator Barack Obama and his wife Michelle were tested for HIV in August, 2006. Mr. Obama wrote me four letters from 2004 – 2007. I also received letters from President Clinton, Senator Ted Kennedy, Congresswoman Carolyn McCarthy, and United Nations Special Envoy for HIV/AIDS in Africa, Stephen H. Lewis, and others that can be viewed by visiting [worldaidsmarathon.com](http://worldaidsmarathon.com), click on LETTERS OF SUPPORT.

Fast forward to 2020: This year will be our 15th edition of the World AIDS Marathon. Neither ebola in West Africa, terrorism in Nairobi, or post-election violence has stopped us in the past from joyfully sponsoring and participating in the World AIDS Marathon and orphan dinner dances. Our board members, sponsors and volunteers are fully committed to helping orphans and runners in Kenya.

## Sponsoring a Free Concert in Kisumu, Kenya



Above: is His Imperial Majesty, The Mighty King Kong. Known for his heart of gold was widely loved throughout Kenya. He once serenaded Jodi with his hit song, *Ladies Choice*. Tragically, he was poisoned while running for Parliament.

The Brodsky Foundation also sponsored a concert in Kisumu and provided lodging, meals, and transportation for 50 runners, along with a modest \$1,000 prize package which we provide every year and have increased that amount every year. These 50 runners were brought from Eldoret, Kenya by Philip Maiyo, Secretary of the Chep-kero Athletics Club, and a former Board Member of the Richard M. Brodsky Foundation. Eldoret is where Kenya's elite runners hail from, so naturally Philip's runners ran off with the bulk of the prize money. Philip has arranged for over 200 athletic scholarships for Kenyans to attend college in America. The concert, lodging, and meals were becoming expensive and the Richard M. Brodsky Foundation could no longer fund these events. However, I realized this would help raise AIDS awareness and everyone would have a great time. Kisumu's Mayor Prisca invited Jodi and me for lunch at her home, later at her office I was presented with the 'Key' to the City.

In 2006, the Kisumu World AIDS Marathon Group was established and headed up by Alie Eleveld former board member of the Richard M. Brodsky Foundation. Alie is the Country Director of the Safe Water AIDS Project, which provides safe drinking water for much of Western Kenya. Her presence has been vital to the success of these marathons. Due to her fundraising expertise, she coordinated the support of 300 - 500 event volunteers, donated safe drinking water and sponges for the runners, and collected sizable donations from donors such as the Harbor Charitable Foundation. As a result, we have managed to organize these events every year since 2006. During the 2014 Life Ball in Vienna, Alie won the prestigious Crystal of Hope HIV award endowed with 100,000 euro donated by Swarovski.



Limpopo International also performed at the concert.



# 5K AIDS Cancer Run Walk in America and a Powerpoint Presentation by NIKE



Participants in a 5K AIDS Cancer Run Walk

It was becoming increasingly difficult to raise money for events such as the World AIDS Marathon and related events. Too many people were asking me what we were doing for people living with HIV/AIDS, and cancer in America. It became apparent that if the Richard M. Brodsky Foundation were to succeed we needed to organize events in America. Since 2008, we have sponsored 12 5K AIDS and Cancer Run Walks in Long Island at Cedar Creek Park, Seaford, and Baldwin Park and 4 FREE 5K Run/Walks for HIVers, Cancer Survivors & Friends. Besides the FREE events, we do not charge people living with HIV/AIDS or cancer the \$22 - \$25 registration fee. We are proud to say this low registration fee has not changed since 2008.



## 4th Annual 5K FREE Run/Walk for HIVers, Cancer Survivors & Friends, October 28, 2012

On October 28, 2012 the Richard M. Brodsky Foundation sponsored its 4th annual 5K FREE Run/Walk for HIVers, Cancer Survivors & Friends. The reason for these FREE Events is that I believe running is largely responsible for why I am still alive and I'd like to share that gift with as many people living with HIV and cancer as possible. Even if you could not run 3 miles you could have walked the 3-mile water view course. Each loop of the course was 1 mile so even if you ran or walked a portion of the course, it was a great opportunity to have made new friends, enjoyed a sumptuous brunch, received a personalized Event t-shirt, be entertained by comedian Lawrence Shaw, music therapist MC Richard Morton, Ronald McDonald, Kids4Kids NYC, and be eligible for a few thousand dollars in FREE raffles. At these 5K Events we gave all the participants \$45 in toiletry/gift items. We asked all the participants to accept those items so no one will know who is healthy and who is not. During the first week of November 2012, if you are healthy, we asked that you donate the toiletry/gift items to someone who is living with HIV or cancer.



Start of the 2011 5K Run/Walk for HIV and Cancer Survivors & Friends in scenic Oceanside Park, NY.



Two paths diverged in Oceanside Park fronting West Bay. We hope you will choose the water view to finish the 5K Run/Walk.

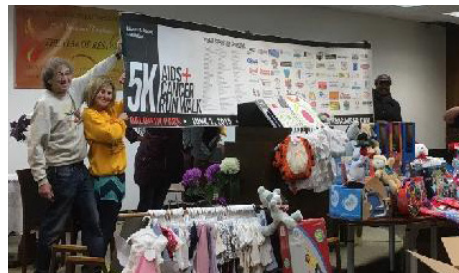


# Donating \$290,000 in Cash, Toys and Clothing to HIV, Cancer and Kids, Thanks Delivering Good

No one has more fun than me. Imagine getting to deliver toys to organizations supporting kids, people living with HIV and cancer, and HIV expectant moms who need a little extra support with clothing for her new baby. We have been able to donate approximately 12 - 14 baskets of joy to these moms for three straight years. Thousands of dollars in toys have reached children in hospitals bringing smiles to their faces over the last few years. This book was written during the year 2020. Thank you to all the doctors and nurses taking care of individuals sick with the Coronavirus, you are the real HEROES of 2020. I am saddened that we have not been able to do more to help children in need at this time. We can't wait to get back to work delivering toys to children in hospitals, early learning centers, places of worship, and schools.



Ebenezer Children's Home, Kenya



Living Hope Fellowship Church, Massapequa



Cohen Children's Medical Center of NY



Five Towns Community Center, Lawrence



Marion & Aaron Gural Nursery School, JCC



Center of AIDS Research & Treatment



Five Towns Early Learning Center



Ronald McDonald House



St. John's Episcopal Hospital, Far Rockaway

The Richard M. Brodsky Foundation in conjunction with its partnership with Delivery Good, Toys R Us, and Babies R Us, donated \$290,000 in toys and cash at 101 events from 2015 - 2019. The 5K AIDS Cancer Run Walk and/or World AIDS Marathon banner was proudly displayed at all events.



## Daily Nation, Kenya's Leading Newspaper Reports on World AIDS Marathon

The local media in Kenya really seems to appreciate that the Richard M. Brodsky Foundation and Kisumu World AIDS Marathon Group come together annually to co-sponsor the World AIDS Marathon in Kisumu, Kenya. On December 2, 2008, Walter Menya reporter at the Daily Nation (equivalent to the New York Times) interviewed Jodi and me about our participation in the marathon. Additionally, Mama Sarah, President Obama's grandmother, added, "I feel greatly privileged to be invited [to the event] because my grandson is very concerned about the ravages of HIV."

# DAILY NATION

## Race to stamp out killer virus gathers speed



Richard Brodsky and his wife Jodi during the Kisumu World Aids Marathon which they sponsor and take part in. Their work has been praised by world leaders, including US President-elect Barack Obama.

# President Obama's Grandmother, Mama Sarah, Starter at World AIDS Marathon 2008 & 2009

From 2008 thru 2012 and 2014 President Obama's grandmother, Mama Sarah, was invited to the World AIDS Marathon. She waved the Kenyan flag, signifying the start of the marathons. She is pictured below having dinner in the yellow dress and in the blue dress holding the flag. The evening before the 2008 and 2009 marathons, Jodi and I had the privilege of dining with Mama Sarah and her daughter Marsat Onyango. All Mama Sarah's clothes are designed by Marsat.



Runners getting ready at the World AIDS Marathon.



Pictured standing left to right: Alie Eleveld; Betty Okero, CEO of Civil Society Organization Network; Jodi Brodsky; Joseph Ochieng, World AIDS Marathon race director; and Douglas Wakiuhuri, winner of the 1989 London Marathon and 1990 New York City Marathon. Seated left to right: Richard Brodsky, Mama Sarah, and her daughter Marsat Onyango.



Mama Sarah at the World AIDS Marathon.



# Hundreds of Children Greet the Runners at the Marathon Finish Every Year

The Richard M. Brodsky Foundation kept its promise by making the 2008 World AIDS Marathon a memorable event for its 1,700 participants of orphans, runners, individuals whose lives have been affected by HIV or AIDS, and the people of Kisumu, Kenya. Your contribution also helps support our local and global communities. By contributing to the Richard M. Brodsky Foundation, you enable us to continue our mission of educating, caring, and supporting vulnerable members of our society. We view our donors as partners and believe it is our responsibility to ensure all gifts entrusted to us are put to the best use. Donations are tax-deductible and support our work year-round. To get involved, please visit [richardmbrodsky.org](http://richardmbrodsky.org) and click on DONATE.

## Some of the highlights of support from donations were

- 288 runners participated in the marathon and half marathon and relay races
- 250 children participated in the 5K Children's Walk
- 275 children were served dinner at Reach-Out Orphan Support Centre
- 86 children were served dinner at St. Catherine's Orphanage
- 300 volunteers participated in the various events
- 500 people were tested for HIV/AIDS!



Since 2006, over 3,200 children have participated in the children's walk and served snacks at the finish line while listening to live entertainment.

## 2010 World AIDS Marathon, 29 Wheelchair Participants in a Field of 404 Finishers



The 2010 World AIDS Marathon had 404 finishers, including 29 wheelchair athletes.

### Record turnout for 2011 World AIDS Marathon

- 735 runners and walkers registered for the World AIDS Marathon, half marathon, and relay races
- 154 children participated in the children's walk
- 500 volunteers organized and served water and food, provided medical assistance, directed traffic, registered participants, and assisted with timing
- 314 people were tested for HIV/AIDS!
- 46 men were circumcised at scheduled appointments
- 56 orphans were examined by Dr. Richard Sartori, a pediatrician from Garden City, Long Island, New York, USA at two orphan dinner dances
- 650 orphans were served dinner at two orphan dinner dances



## Dr. Richard L. Sartori has Examined & Treated 788 Kenyan Orphans Since 2011 and Provided Medicine



Dr. Sartori examining a child.

Since 2011, Dr. Richard Sartori has examined, treated, and provided medicine to 788 Kenyan orphans. Most of the medicine was donated by Dr. Sartori himself. Recently Winam Chemists, Bonyo's Kenya Mission, and KEMRI have offered their services.

### According to Dr. Sartori

- 75% of the kids had intestinal parasites. The cure is 2 chewable tablets spaced out during 2 weeks.
- 75% had malaria. The cure is a 3-day treatment; 1 or 2 pills a day depending on the age and weight of the child.
- 80% had skin lesions and tinea (a fungal rash). The child is sent home with a cream and instructed to apply to affected areas twice a day until the rash is gone.
- Less than 5% had asthma.

Dr. Sartori reported 25% of the children with malaria and 20% of the children with parasites would die without the lifesaving medicine we provided. Sadly, most of these children do not receive medical help during the year. According to UNICEF, 1 in 19 children will die before their 5th birthday. In more recent years that number has improved to 1 in 22 children.

My board members and I would like to think of our Foundation as a mini-Doctors Without Borders. The advantage we have is not only do our doctors get to provide medical care for the orphans, they get to party and dine and dance with them as well. And after the orphan dinner dances, doctors can participate in the World AIDS Marathon, half marathon, and 5K relays. Thank you David and Surinder Fowler for co-sponsoring the 2011 orphan dinner dance at Hope Initiative. Surinder Fowler completed the marathon and ran with the 2012 Olympic torch through her hometown of Grimsby, England. Anna Martin of the United States Peace Corps also participated in the 2011 World AIDS Half Marathon. Americans, we really do care!



Dr. Richard Sartori, Richard & Jodi Brodsky, Surinder Fowler and Anna Martin serving food to orphans and dancing with them at Reachout Support Centre

## For 2012 There Were 3 Orphan Dinner Dances for More than 1,100 Children Plus Medical Care

We've never sponsored 3 orphan dinner dances before plus provided so much medical care. It's like the movie, 'Field of Dreams' where the voice keeps saying 'if you build it he will come.' All we need here and now are the voices of the orphans to be heard and your support. If we are successful, we can do even more next year. Since 2016, we have sponsored 4 orphan dinner dances every year! Thank you!



Jodi Brodsky and Rispah Ochola standing with a group of children at Hope Initiative, Kendu Bay.

The 2012 dinner dances were held at the following locations: Beldina Opiyo Omolo's Amilo Primary School in Amilo Village hosted by the Alice Visionary Foundation Project; Dr. Bonyo's Mama Pilista Bonyo Memorial Health Centre; Masara irrigation sub-location; and Rispah Ochola's Hope Initiative in Kendu Bay.

We need \$5,000 to provide limited medical care and medicine for 1,100 orphans on an annual basis. Dr. Sartori was kind enough to return to Kenya to offer his services and generously donated \$500 for medicine. We have also partnered with Dr. Bonyo of Bonyo's Kenya Mission, [bonyoskenyamission.org](http://bonyoskenyamission.org), to help make these orphan dinner dances with medical care even more successful.

The Richard M. Brodsky Foundation would like to thank Bonyo's Kenya Mission; the Dutra Family of Atlantic Beach, NY; Mazzitelli Construction Corporation; and Maidenbaum Property Tax Reduction Group, LLC. for co-sponsoring the 2012 orphan dinner dances.



Painting by Richard Brodsky.



Painting by Mary Filingeri.

### Original Paintings for Sale

Due to the effects of the Coronavirus pandemic, we are unsure there will be a 2020 AIDS Marathon this year. As such, we have decided to sell the two paintings on the left (both priced at \$1,000 each) are for sale with 100% of the proceeds earmarked to help fund the Foundation's work. Breast cancer survivor Mary Filingeri painted the beach scene on the right. The picture on the left was painted by Richard Brodsky. We invite interested parties to reach out to Richard at: [richardm.brodsky@gmail.com](mailto:richardm.brodsky@gmail.com)



## Here's Why We Keep Returning to Africa, Orphans Dancing at Hope Initiative

Here are the orphans dancing at Hope Initiative. Rispah cares for the children as if they are her own. The land for the orphanage was donated by Rispah's father. However, much work still needs to be done so the orphans can have a clean safe environment in which to live and thrive. Here the orphans are dancing and appear very happy to see Jodi and me returning to Africa. Thanks to the \$500 donations from Maidenbaum Property Tax Reduction Group, LLC., Key Food of Long Beach, and funding from the Richard M. Brodsky Foundation, we were able to sponsor this second annual orphan dinner dance at Hope Initiative.



Orphans at Hope Initiative.



# There is no Greater Joy Than Feeding 380 Orphans and How a \$10 Investment Allowed This to Happen

ONCE UPON A TIME in 2004, Beldina Opiyo Omolo of Kenya was attending college in Pennsylvania. That same year, the first ever World AIDS Marathon was held in Mbita, Kenya. Sponsors, participants, and volunteers were needed. We only raised \$110 from Kenyans. Abdul Yakub, better known as Chifu in Kenya, donated \$100 and Beldina donated \$10. I was very touched knowing that Beldina was a student and probably did not have much spare spending money. PAYBACK time, even if it took 9 years! There is no place I would rather be than in Kenya dining and dancing with 380 orphans cared for by Beldina Opiyo Omolo.



Alice Visionary Foundation Project, Beldina Opiyo Omolo, Executive Director, Richard and Jodi Brodsky serving food.



Jodi and Richard Brodsky dancing with the children.



## Great Neck North High School and retrofestival.org Raised Thousands to Benefit Brodsky Foundation



Jodi and Richard Brodsky.



GNNHS basketball players in their element.



Live band performance.

It all started back in 2009 when the Richard M. Brodsky Foundation sponsored its inaugural 5K FREE Run/Walk for HIVers, Cancer Survivors & Friends in Oceanside, NY. More students participated from Great Neck North High School (GNNHS) than any other school. I suggested to Dr. Anton Berzins, faculty advisor to the largest AIDS Awareness Club on Long Island, that the next free run/walk would be in the Great Neck area. On March 21, 2010, the inaugural run/walk was held in Kings Point Park. Florence Hogan participated in the run and had the best time. Shortly after, Florence established the first chapter of Black Girls Run in Queens, NY. To this day, Florence and I share a special bond because I still kid Florence and espouse how I am the grandfather of Black Girls Run in Queens. In 2011 the AIDS Awareness Club organized its 1st of 6 annual co-ed faculty basketball games. Without the support of the 20 teachers, coaches, and the principals (who served as the refs) I would have been hard pressed to have sponsored 37 orphan dinner dances in Kisumu, Kenya providing medical care for 2,511 orphans.

Special thanks to all GNNHS AIDS Awareness Club members including: Tyler Fritzhand for designing greeting cards; Troy Fritzhand, Josh Moinian, Jake Lustbader, and their faculty advisors for producing the movie, Magic Johnson, will you coach our AIDS Awareness faculty basketball game? Visit: [youtube.com/watch?v=AfjSVJ4h49E](https://www.youtube.com/watch?v=AfjSVJ4h49E) to watch the movie.

Similarly, without the support of Allan Spielman and retrofestival.org and their group of bands consisting of 35 musicians, the Richard M. Brodsky Foundation would not have generated the funding to save the lives of more than 800 Kenyan orphans and raise awareness of Kenya's child mortality rate.

**Magic Johnson—PLEASE come coach our Great Neck North High School basketball players!!**

# Uncle Richard logo by Keely Payne, World AIDS Marathon Logo by Rupert Reyneke, Hero of the Year Posters by Lokhin Cheng

The Richard M. Brodsky Foundation has a team of very talented volunteers. We are always seeking volunteers to make phone calls requesting toys/toiletry gift items, and people skilled at website design, graphics, computer skills, fundraising, recruiting runners, writing, and organizing fundraising events. Please consider inviting Richard Brodsky as a motivational speaker to your school, business, or club.

Nov. 29, 2013... 300 children dined & danced at Mama Pilista Bonyo Memorial Health Center in Masara, Kenya. L to r, Mercy Abala, Richard & Jodi Brodsky, Dr. Richard Sartori, Rene Wallech & his wife Emily. The Center was founded by Dr. Benson Bonyo. His organization Bonyos Kenya Mission is AMERICA'S BEST FOREIGN CHARITY for 2013. Jodi Brodsky and Dr. Richard Sartori are co-winners for AMERICA'S HERO OF THE YEAR for 2013.

Nov. 30, 2013... 320 children visited Kisumu Impala Sanctuary. The children dined & danced and were served a banquet dinner (r to l) Tom Mboya Adera's wife (chef), Dr. Bonyo, Richard & Jodi Brodsky, Tom Mboya Adera (organized dinner) and a doctor who accompanied Dr. Bonyo.

7th annual World AIDS Marathon. Richard M. Brodsky Foundation board member & race director Joseph Ochieng, light blue shirt with white cap, is giving final race instructions. Richard & Jodi Brodsky are pictured front row center. 398+ people including 22 wheelchair athletes registered for the Half/Full Marathon and relay races.

200+ children participated in the children's walk and greeted the runners at the finish.

Dec. 14, 2013... Singer Dee Loebel and the Dirty Ernie band performing in a benefit concert, RETROFEST 37, organized by Allan Spielman and hosted by Nick Paxinos & John Ryan of Backstage Nine Club in Woodmere, NY. Allan Spielman & retrofest37.org is the BEST FOUNDATION IN AMERICA for 2013, and Backstage Nine Club is the BEST BUSINESS IN AMERICA for 2013. In the background is a photo of Dr. Sartori examining an orphan in Kenya.

November 28, 2013... Party time for 380 orphans who were served dinner at Amilo Village at the request of Beldina Opiyo, Executive Director of Alice Visionary Foundation Project.

L to r, Richard & Jodi Brodsky and board member of the Richard M. Brodsky Foundation, Allie Eievel - chief fundraiser for the Kisumu World AIDS Marathon Group and project manager of SAFE Water AIDS Project giving out prize money raised by Brodsky Foundation and PEP Intermedia. Hundreds of people were tested for HIV and a smaller quantity of males were circumcised to help reduce the spread of AIDS.

Dr. Bonyo and two doctors who accompanied Dr. Bonyo to Africa are examining & treating orphans at Kisumu Impala Sanctuary. 300 orphans were examined by Dr. Sartori, a pediatrician from Garden City Pediatrics and Dr. Bonyo, a Kenyan by birth and a practicing D.O. in Ohio, + a team of doctors accompanying Dr. Bonyo from America.

Dr. Sartori and Mercy Abala, a medical volunteer and translator, examining an orphan at Alice Visionary Foundation Project. Dr. Sartori provided the medicine for the Kenyan orphans.

The 2013 World AIDS Marathon t-shirt was designed by Tyler Fritzhand of Great Neck North High School.

100+ Kenyan orphan lives were saved. 75% of the orphans examined had malaria, 75% had parasites, + 80% had skin lesions, tinea, which is a fungal rash. Without the medicine, 20 - 25% of the orphans die from malaria or parasites... Says UNICEF, '1 Kenyan child in 9 will die before their 5th birthday.'

The Richard M. Brodsky Foundation would like to extend its heartfelt thanks to the Kisumu World AIDS Marathon Group and to

**DR. RICHARD L. SARTORI**  
for being AMERICA'S HERO OF THE YEAR for 2013.

www.worldaidsmarathon.com

Design by Lokhin Cheng

To get involved, please contact Richard at:

[richardm.brodsky@gmail.com](mailto:richardm.brodsky@gmail.com)



Logo design by Keely Payne



Logo design by Rupert Reyneke

Poster design by Lokhin Cheng



## America's Hero of the Year for 2011—2013: Dr. Bonyo, Dr. Sartori & Jodi Brodsky

Party like there is no tomorrow. Having Dr. Bonyo and his team of doctors, pharmacists, nurses, and medical students travel to Kenya is nothing short of a lifesaving, medical pilgrimage. Since 2011, Dr. Bonyo and his team of doctors and Dr. Richard Sartori have examined and treated most of the 2,511 orphans at 28 festive orphan dances. That amount includes 2014 when Dr. Julian Howard of Australia as well as numerous doctors and nurses have joined us over the years. Dr. Sartori will always be remembered as the first American to make the humanitarian trip to Kenya with the Richard M. Brodsky Foundation. Check out the bonds that have been created by America's Heroes with the people of Kenya in the photos. Thanks, Jodi Brodsky for making sure we all have the best time dancing like there is no tomorrow.



Dr. Sartori and Dr. Bonyo visting with patients.




Jodi Brodsky and Dr. Bonyo dancing.



Fast forward to 2019, Dr. David Ousu examined and treated 55 orphans at Mama Sarah's home on November 27.




2017

# HERO OF THE YEAR




## DR. B. BONYO


A Kenyan-American doctor who founded the Mama Pilista Bonyo Memorial Health Centre where there is little or no charge for medical care for Kenyan children and pregnant women to deliver their babies.

785 orphans dined & danced + 263 orphans were examined & treated by doctors at 4 orphan dinner dances leading up to the 12th annual World AIDS Marathon on World AIDS Day, 2018 in Kisumu, Kenya. 150 runners participated in the full + half marathon & 4K relay run, 445 children completed children's run/walk, + 429 people tested for AIDS virus in conjunction with World AIDS Marathon.



[WORLD AIDS MARATHON.COM](http://WORLD AIDS MARATHON.COM)



2017 Hero of the Year: Dr. B. Bonyo.



# Mama Sarah Presents \$1,000 in Awards Raised by the Richard M. Brodsky Foundation

How did we get Mama Sarah to come to the event? One of the Foundation's Kenyan board members, Joseph Ochieng, the first and only African IAAF Walk Judge Level III and the first African Olympic Walk Judge for the 2012 Olympics happens to live in Kogelo, the same village as Mama Sarah. The two have been friends for years. When Joseph invited her to the event, Mama Sarah eagerly responded to be part of the children's event due to her unwavering love for all children.



Pictured above (left to right): wheelchair athlete claiming his prize; Jodi and Richard Brodsky; Mama Sarah; and Alie Eleveld, a board member (2006 - 2015) of the Richard M. Brodsky Foundation. The World AIDS Marathon is a grueling course with unpaved roads and large rocks. Temperatures reaching 80 degrees Fahrenheit and running at an altitude of 3,500 feet above sea level make this a challenging course. Because Kenyans run in these conditions daily may partially explain why they are often regarded as the world's fastest runners.



## Dr. Bonyo and his Mission: to Provide Free Medical Care for Kenyan Children

The Mama Pilista Bonyo Memorial Health Center was founded in 1996 by Dr. Bonyo and the founding partners of Bonyo's Kenya Mission. The clinic provides quality full service medical care to the people of Masara and the surrounding areas. Bonyo's Kenya Mission pays the health insurance for many families, charging only a minimal fee if the patient can afford it. The work done at the clinic has been recognized by the National Health Insurance Fund and the Kenyan Minister of Medicine as a quality care center and a benefit to the community.

Since 2012, Dr. Bonyo has either sponsored or co-sponsored eight festive orphan dinner dances at Bonyo's Kenya Mission on the days leading up to the World AIDS Marathon.



Volunteers serving children at an orphan dinner dance.



Dr. Bonyo and staff examining orphan children.



Volunteers serving children at an orphan dinner dance.



# Who Really is Having More Fun: Richard, Jodi, or the Orphans?

On the 3 days leading up to the 2013 World AIDS Marathon, 1,000 orphans dined and danced at 3 festive orphan dinner dances. Tom Mboya Adera masterfully organized a massive meal staffed with chef's attired in white chef jackets for 380 orphans at Kisumu Impala Sanctuary with only 4 days' notice. Children dined and danced at Amilo Village; organized by Beldina Opiyo Omolo. And, 300 well behaved kids were later treated to dinner at Bonyo's Kenya Mission. The day before the orphan dinner dances—Jodi, Dr. Sartori, and I enjoyed a visit to the Kisumu Impala Sanctuary.



Sorry Jodi, we can't take them home.



Mr. giraffe, you stop tickling me and I'll stop tickling you.



Pictured left to right: Tom Mboya Adera, Jodi and Richard Brodsky, Dr. Richard Sartori, and Dr. Bonyo.



## 2014, Three Orphan Dinner Dances and Everyone Had the Best Time

In 2014 we hosted a dinner dance at Kisumu Impala Sanctuary for 270 orphans. The Sanctuary is only 10 minutes from the heart of Kisumu and we visit the sanctuary every year. There were two other orphan dinner dances for 200 kids at Bonyo's Kenya Mission and 380 kids at Amilo Village (Alice Visionary Foundation Project), organized by Beldina Opiyo Omolo.



Feeding 380 children at Amilo Village.



Dancing and socializing at the Amilo Village.



2014 dinner dance at the Kisumu Impala Sanctuary.



Dancing at an orphan dinner dance at Bonyo's Kenya Mission.



# America's Hero of the Year for 2014: Dr. Julian Howard of Australia



1. 12/17/14. Kisumu Sports Ground. International runners and volunteers standing by to I-Richard and Jodi Brodsky (USA), Russ McMahon (USA), Caitlin Murray-Howard (volunteer from Australia), Sue Murray and Dr. Julian Howard (Australia), and Dr. Alex Hypolite (USA). Seated r/o, Broome Murray (volunteer from Australia) and Shuen Chai (USA)  
2. 11/28/14. 380 children cared for by Belinda Upyayo of the Alice Visitory Foundation Project danced at Amilo Village. Thanks to Richard Brodsky and Dr. Richard L. Sartori (USA) for 2014. Mary Abaya (first volunteer), Richard Brodsky, Caitlin Murray-Howard, and Victoria Davies (volunteer at UGRA Foundation).  
3. 11/29/14. Dr. Richard L. Sartori examining an orphan at Kisumu Impala Sanctuary. Dr. Sartori provided the medicine to 250 orphans who could be examined & treated at 3 festive orphan dinner dances from 11/28 - 11/30.  
4. 11/29/14. 270 children danced and danced at Kisumu Impala Sanctuary. Ursula of Bellen Foundation organized the event.  
5. 11/29/14. Amilo Village. Dr. Julian Howard and his partner Sue Murray. Dr. Howard examined orphans at 3 orphan dinner dances, and is the Richard M. Brodsky Foundation's HERO OF THE YEAR for 2014.

6. 11/28/14. Richard & Jodi Brodsky dancing with the orphans.  
7. 300 kids participated in the children's walk to greet the runners at the marathon finish.  
8. 12/17/14. 921 runners including 21 wheelchair athletes participated in the 9th annual World AIDS Marathon, half marathon and shorter relay distances.  
9. Dr. Howard & his partner Sue Murray collected & donated 300 +/- pair of shoes from friends & colleagues in Australia.  
10. Alice Stevens and Joseph Odingo (both board members of the Richard M. Brodsky Foundation, far right) escorting Mama Sarah, President Obama's grandmother. The Richard M. Brodsky Foundation awards \$1,000 in prize money to the fastest runners and Mama Sarah presents the prize.  
11. 11/20/14. Dr. Benson Bonyo and Jodi Brodsky dancing at Mama Pilista Bonyo Memorial Health Center. 200 kids were served dinner.  
12. Dr. Julian Howard completed the 9th annual Kisumu, Kenya, 2014 World AIDS Marathon in a time of 04:39:25.

85+ Kenyan orphan lives were saved. 75% of the orphans examined had malaria, 75% had parasites, + 80% had skin lesions, tinea, which is a fungal rash. Without the medicine, 20 - 25% of the orphans die from malaria or parasites... Says UNICEF, '1 Kenyan child in 9 will die before their 5th birthday.'

The Richard M. Brodsky Foundation would like to extend its heartfelt thanks to

**Dr Julian Howard, BSc Ost Med, MSc Paed Ost.**

**For being AMERICA'S HERO OF THE YEAR FOR 2014**

For donating his medical skills by examining & treating orphans + providing hundreds of pairs of shoes at three festive orphan dinner dances on the days leading up to the World AIDS Marathon. Upon returning to Australia, Dr. Howard organized an International fundraiser and raised \$1,000+ which saved the lives of 2 children suffering from neurological disorders.

Certificate Design by Lokhiin Cheng



[www.worldaidsmarathon.com](http://www.worldaidsmarathon.com)

2014 Hero of the Year Dr. Julian Howard.

Dr. Howard treated the orphan children for skeletal and neurological disorders. Upon leaving Kisumu Impala Sanctuary, Jodi and I saw this firsthand. Two women approached Dr. Howard late in the afternoon looking for medical care for their children. They told their story and went on to explain that they were promised their kids would be cured. Because it was late we had already packed up getting ready to leave the park, but Dr. Howard really wanted to help. It was almost as if he would not be able to sleep knowing that if he had more time, he could really help these two children.

Upon returning to Australia, Dr. Howard organized an international fundraiser raising over \$1,100. It was discovered that the children had severe neurological problems, but thanks to the medical treatment received from the donations, the children are doing well and continually improving.

Special thanks to Dr. Howard's family who accompanied him to Africa and was very helpful at all the events. We were able to meet up with him after the 2019 Marathon in New York. I told Dr. Howard how we met with Eliud Kipchoge and are hoping he will run the 2020 World AIDS Marathon. For now, we have this very inspiring personal video message from Eliud Kipchoge which can be viewed on [youtube.com/watch?v=skXIqp0dTYE](https://www.youtube.com/watch?v=skXIqp0dTYE).



# Town of Hempstead Supervisor Kate Murray and Nassau County Legislator Carrie Solages Presenting Awards at 2014 5K AIDS Cancer Run Walk

2013 CERTIFICATES AND AWARDS WERE PRESENTED FOR THE FOLLOWING CATEGORIES

## HEROES

Dr. Richard Sartori for donating medicine for doctors to examine 300 Kenyan orphans and personally examining 86 orphans on November 28, 29, and 30, 2014.

Jodi Brodsky, my wife, whose patience, energy, and love knows no bounds.

## BEST FOUNDATION IN AMERICA

**Retrofestival.org** and its founder Allan Spielman for organizing 37 concerts for local charities and raised \$55,000 since 2005.

## BEST INTERNATIONAL FOUNDATION

Bonyo's Kenya Mission and its founder Dr. Bonyo for providing free or substantially discounted medical care at the Mama Pilista Bonyo Memorial Health Centre.

## BEST BUSINESS

Nick Paxinos and John Ryan of Backstage Nite Club for hosting the 3rd annual retrofestival.org benefit concert for the Richard M. Brodsky Foundation. Also for providing the technical skills and equipment to project photos on multiple screens of the Foundation's efforts in Africa and America.



The Richard M. Brodsky Foundation sponsored its 7th annual 5K HIV/AIDS Cancer Run/Walk in Baldwin Harbor Park on June 19, 2014. Pictured left to right: Richard Brodsky, Jodi Brodsky (America's Hero of the Year); Nassau County Legislator Carrie Solages; Mwangi Gitahi (5K Winner accepting Hero of the Year Award on behalf of Dr. Bonyo of Bonyo's Kenya Mission as 2013 Best International Foundation); Dr. Richard Sartori (America's Hero of the Year); and Town of Hempstead Supervisor Kate Murray.

## 8 year old Matthew Hartmann is AMERICA'S YOUNGEST HERO OF THE YEAR for 2015

The Richard M. Brodsky Foundation would like to extend its heartfelt thanks to Matthew Hartmann for being the 2015 America's Youngest Hero of the Year for donating his 8th birthday to the Richard M. Brodsky Foundation and raising \$1,220. We are truly grateful for Matthew's dedication and support towards helping Kenyan orphans he may never meet. What a wonderful world it would be if more of America's youth followed Matthew's lead.



Matthew Hartmann, his mom holding the poster honoring his service to the Richard M. Brodsky Foundation, Jodi Brodsky, Dr. Richard Sartori, and Richard Brodsky.



## Brodsky's raise \$52,000 by running 2016 Jerusalem Marathon for Emunah Bet Elazraki Children's Home

Thank you Shalom and Iris Maidenbaum for sending Jodi and me to run the 2016 Jerusalem Marathon. It was the hardest, hilliest marathon that we've ever ran. Why couldn't G-d create flat areas in Jerusalem, my legs begged to know! Jodi typically finished first in her age group. While each step was painful, I was thrilled to be running in the 'Old City' while a flood of emotions was racing through my mind and body. Why was I so lucky to have such a wonderful family while the children at Bet Elazraki had to be living away from their real parents who could not care for them. On the positive side Yehuda Kohn, Director of Bet Elazraki cared for the children as if they were his own. While the state of Israel covers the minimal costs for shelter, food, and education; donations and volunteers are still needed for the children to thrive. The children are provided tutors to prepare for high school, college, and to excel at sports. They also receive a Jewish education and are bat or bar mitzvahed at age 12 or 13. There are many Jewish children from all over the world who celebrate their coming of age at Bet Elazraki. This is a wonderful and meaningful way to donate to Bet Elazraki. For more info visit: [elazraki.org](http://elazraki.org)



Left: 15 year old Ryan Derasse and forever young Jodi both came in 1st place (male/female) at the Race Against Poverty on September 15, 2019 UJA Federation in New York. Bottom Center: Shalom Maidenbaum being presented with a thank you poster from Jodi and Richard Brodsky. Bottom Right: Richard and Jodi Brodsky finishing the Jerusalem Marathon. We'd love to do it again!

# Says Richard, “Finally After 55 Years I Got to Run a Marathon in Nova Scotia”

I collected travel brochures as a child. Nova Scotia's brochure was always my favorite so I always wanted to visit. As Jodi and I were looking for a marathon to run where I could qualify to run the Boston Marathon we came across the Barrington, Nova Scotia Marathon. We jumped at the chance to compete and visit my beloved Nova Scotia. Anyone who knows me knows that 'if only I did that when I had the chance' are words you will never hear from me. Since 2016, we have run 4 marathons in Nova Scotia, and I did qualify to run my first and only Boston marathon at age 65. My time was 4:00:52. We had some amazing experiences while there. We were interviewed on CTV News and Kelland Sandahl interviewed us. Visit: [atlantic.ctvnews.ca/mobile/cancer-survivor-continues-to-run-with-purpose-1.3514669?autoplay=true](http://atlantic.ctvnews.ca/mobile/cancer-survivor-continues-to-run-with-purpose-1.3514669?autoplay=true) for more information. The Powleys of Barrington have generously donated their summer cottage for Jodi and me to stay in for the last three years. We donated clothing and toys to local charities the last two years to the [becausewecarefund.com](http://becausewecarefund.com) and Woods Harbour Cavalry Baptist Church. There are 41 lighthouses in Nova Scotia, pristine beaches, fishing towns, French Acadian villages, historical and art museums, Peggy's Cove, and so many meandering roads to crisscross and explore the oceanfront fishing towns.



Left: Richard and Jodi Brodsky finished 4th out of 24th and 1st out of 6th in their age groups in times of 3:53:30 and 3:54:59 at the 2016 Barrington, Nova Scotia Marathon. Right: Jodi is seen here enjoying a well deserved beach break in a red chair in Sherburne; can you believe that she has promised to run a marathon with me when I turn 100 years old?



## My Favorite Races and Race Directors on Long Island

After receiving their daughter Quinn's diagnosis of Niemann-Pick Disease Type A (Neurovisceral ASMD), parents Brett and Eileen Linzer made it their quest to see that their children had the best life possible during Quinn's short time here. With the help of an incredible support system, they were able to fulfill much of Quinn's wish list. Unfortunately, not everyone is surrounded by this level of support. Traditional wish-granting organizations do not grant wishes to children under the age of three. Quinn died when she was not even 15 months old.

The average life expectancy of children with severe metabolic disorders is often under two years. These children are deserving of smiles and their families deserving of happy memories with their children. At the Quinn Madeleine Foundation their goal is to give them both. The inaugural Quinn 5K run happened in 2015 to raise awareness and funds to further the goals of the foundation. The race has been a tremendous success with participation efforts and fundraising increasing every year. They are grateful to their growing community of supporters who enable them to realize their goals.



Quinn, daughter of Brett and Eileen.



Alec, son of Bill and Adriann Nelson.

Alec's Run began after Bill and Adriann Nelson lost their 16-month-old son, Alec, when he was accidentally backed over by his loving grandfather. As avid runners, the Nelsons wanted a way to honor his life as well as raise awareness of the deadly blind zones behind vehicles. Alec's Run began 16 years ago; the first race took place in a torrential downpour. Since then the run has grown into a tremendous community event with over 500 runners and walkers participating in the four-mile race in Dix Hills, NY. It has become a special day honoring Alec and celebrating his life.

With the money raised, the Nelsons support needy children on Long Island and Kids and Cars, a nonprofit working to make cars safer for everyone, especially children. They also support Hospice Care Network, where caring bereavement counselors help those suffering the loss of a loved one. They help everyone navigate through the unbearable grief that follows at no out of pocket costs. The Nelsons are grateful to have been blessed with love and support from so many helping them through the devastating loss of a child.

# Wanted to Write to Someone who was Living with HIV and Brain Cancer who Runs Marathons, but I am the Only Person



As a team, Jodi and Richard Brodsky do everything they can to eliminate the stigma of HIV and AIDS, give hope to others living with HIV and cancer, and offer hope to runners so they can run faster with age. The Brodsky's ran 11 marathons in the past year. In Richard's 68 years he has completed an astonishing 68 marathons. Jodi will run her 8th straight Boston marathon in 2021.



## 2016 World AIDS Marathon, a Big Shoutout to ATHLETICS KENYA + a Chance Meeting with Kevin Ong'uti Momanyi & Arthur Ogendo

This was going to be our most challenging year for organizing the World AIDS Marathon since we no longer had the support of the Kisumu World AIDS Marathon Group and its 300 volunteers. To keep costs down we had to revise the course from a 1-loop course with 42 water stations to a 4-loop course with 4 water stations per loop. Joseph Ochieng, chairman of ATHLETICS KENYA, Nyanza North, and Siaya County and board member of the Richard M. Brodsky Foundation served as race director. He brought along teams of judges and course guides to direct the runners. The new entirely paved course was definitely faster and much more runner friendly as traffic was very light and you actually got to RUN WITH THE KENYANS. Previously you would see them at the start and finish, but now you would see them at least once or twice because unless you were a sub-three hour marathoner, they would lap you. Kenyan runners are born to run, and they run like cheetahs, the fastest animal in the world. The only difference is cheetahs are sprinters while Kenyans are long distance runners. It is equally majestic watching a cheetah and Kenyan marathon runner.

We traveled with our biggest group ever from America and met up with future foundation board members Arthur Ogendo, research scientist at KEMRI and Kevin Ong'uti Momanyi, sales executive in a leading dairy industry company. Board members Joseph, Arthur, and Kevin were incredibly helpful in organizing the orphan dinner dances and providing volunteers for the marathon. We also had the pleasure of working with affiliates of ATHLETICS KENYA: Alice Adala, Jared Gilo Opol, Thomas Ongwacho, and Walter Ignatious Oluoch. Richard's t-shirt was designed by Stephen Bennett whose work is showcased on several United Nations postage stamps. Visit [theportraitpainter.com](http://theportraitpainter.com) to see more of his incredible work.



Start of 2016 World AIDS Marathon, board member Joseph Ochieng in a yellow shirt shown center in the foreground.



"I'm obsessed with cheetahs," exclaims Richard at the Kisumu Imapla Sanctuary.



Jodi and Richard Brodsky finishing the 2018 World AIDS Marathon.



2017 World AIDS Marathon, board member Kevin Ong'uti Momanyi and his team of volunteers from Kenya Institute of Management, Kisumu Branch pictured with Richard and Jodi Brodsky.



2019 World AIDS Marathon, board member Kevin Ong'uti Momanyi and his teams of youth volunteers from St. Ambrose Catholic Church, Winam Kenyati Films, Hope for Blessings, and Thika School of Medical Studies.



Board members Arthur Ogendo, left, Richard Brodsky, center, and Kevin Ong'uti Momanyi, right.



# Celebrating with Eunice Owino at JIU PACHI CBO and Pastor Paul Ochieng in 2018 & 2019

Life is a big party at JIU PACHI CBO hosted by executive director Eunice Owino on December 2, 2018 and 2019. In 2018, 248 orphans dined and danced while 54 orphans and caretakers received medical care. In 2019 the number of orphans who dined and danced rose to 305 while 108 orphans and caretakers received medical care. Top left, pictured left to right: Rene Wallesch (German marathoner), a local volunteer, Richard and Jodi Brodsky, Eunice Owino, Walter Ignatious Oluoch (Athletics Kenya), Kevin Ong'uti Momanyi, and Jameelah Aziz (USA marathoner).

The Richard M. Brodsky Foundation found a new venue for an orphan dinner dance in Siaya County, a bit of a trek from Kisumu, but we will definitely be back. Pastor Paul Ochieng, Director of Ebenezer Children's Home, bottom right, organized two events on November 30, 2019. There was an International Church Conference not related to the Richard M. Brodsky Foundation where 487 orphans dined and danced and 302 orphans and caretakers were examined and treated. Medical care is so scarce that anytime there is a doctor caring for children; caretakers and AIDS widows are also treated.



JIU PACHI CBO 2018



JIU PACHI CBO 2018



JIU PACHI CBO 2018



Ebenezer Children's Home 2019



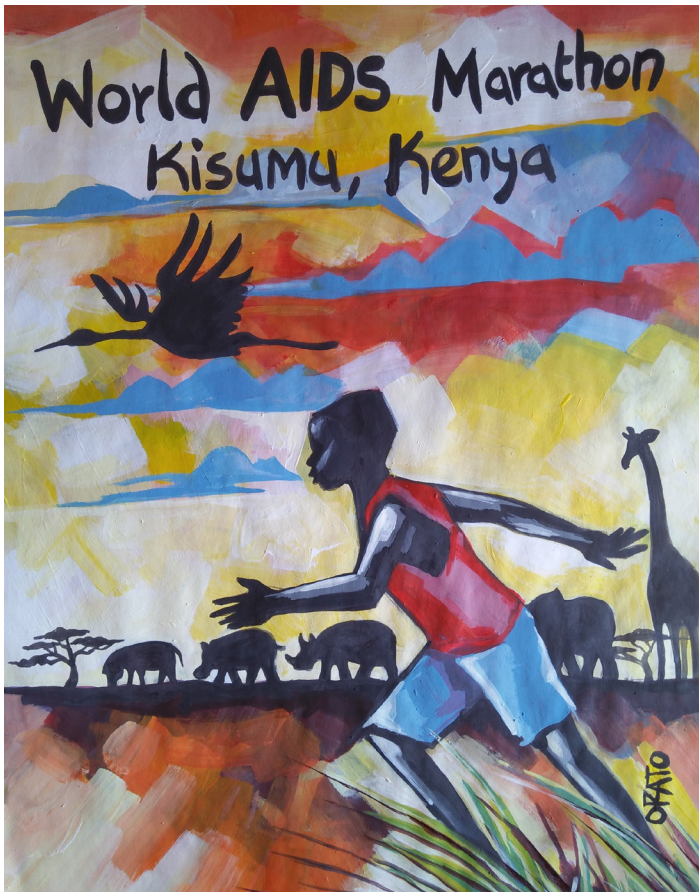
## Kenyan Artists are Amazingly Talented...

... it is not just the artists, runners, dancers and singers that draw me to Kenya; it is also the sleek and graceful animals framing a sunset in Dunga along the shores of Lake Victoria. Everyone seems to move with such grace from their feet and legs, to their upper body and voice, and to their hands and fingers that create really cool paintings. Maybe having Kenyan blood flowing through your veins is what makes Barack Obama so cool!

Thanks to all the artists whose paintings of animals, runners, and women (including those whose livelihood comes from washing fish) grace this page. What an artistic, romantic destination Kisumu is!



2017 t-shirt designed by Coster Ojwang.



2019 t-shirt designed by Edward Orato.



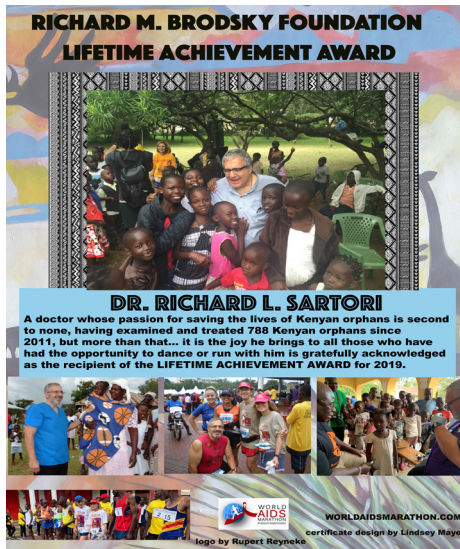
Painting by Maurice Opiyo.



Painting by Andrew Omari.



# Heroes & Lifetime Achievement Awards and Posters Honoring Them



Poster by Lindsey Mayer.

There are so many deserving heroes who have given so much of their time and energy. Here are just a few. One story does need to be shared here. In 2019, Dr. Richard Sartori got sick on the first leg of our trip from New York to Paris. He works too hard as the senior partner at Garden City Pediatrics. By the time we arrived in Nairobi, it was clear that he needed to see a doctor. Sadly, he never made it to Kisumu and keeps telling me how excited he is about returning to Kenya in 2020. I felt so sad that I could not give him the Hero of the Year award, however, Dr. Sartori was presented with the Lifetime Achievement Award.



Pictured left to right: Heroes Dr. Richard Sartori, Richard Brodsky, Jodi Brodsky, and Jameelah Aziz.



Poster by Karen Kemura.



Poster by Lindsey Mayer.



Poster by ShebaNebrada.



# Turning Back the Clock with the ONE YOU LOVE

Jodi and I were scheduled to run the Quebec City Marathon on August 28, 2011. However, Hurricane Irene had other plans, forcing the race director to cancel the full marathon. Salvaging our months of training, we laced up our shoes and ran a half marathon in 2:01:41.



Richard and Jodi Brodsky completed the half marathon in Quebec City on August 28, 2011 in 02:01:41. Double that time for a full marathon and Richard was on time for a 4:03:22 marathon. Richard says, "I could have run almost two minutes slower and still would have run my fastest marathon." Photo courtesy of marathon-photos.com.



Hartford Marathon, October 11, 2014. Richard Brodsky finished in 03:59:56. Photo courtesy of Capstone Photography.



Albany Marathon, aka Mohawk Hudson River Marathon, October 13, 2019. Richard and Jodi Brodsky finished in 4:32:45 and 3:49:41. Richard finished 4th in his age group and Jodi finished 1st. This was Jodi's 2nd fastest marathon ever. Jodi qualified to run her 8th straight Boston Marathon.

## My goals are threefold

1. Raise awareness for folks living with HIV or cancer that we can still lead healthy, productive lives if we lead a healthy lifestyle.
2. Help educate society, government, and businesses that healthcare is a universal right and that providing AIDS medicine and follow-up medical care to HIV+ folks will surely reduce the current number of 900,000 people dying from AIDS every year.
3. Slow down or even reverse our aging process. Even if I do not succeed, it is all about having a positive outlook and realistic goals.

## FAILURE IS NOT AN OPTION!

I am 68 years young. I was born on August 29, 1952 and have been living with HIV since 1997 and am a brain cancer survivor since 2002. I ran my fastest marathon ever since my cancer diagnosis on October 15, 2011 with a time of 4:27:16. Since then I have run 13 marathons faster. I have learned that if you can help others you feel good about yourself. If you feel good about yourself you can accomplish goals you might not have normally accomplished. Thank you Bikram Yoga of Long Beach; acupuncturist Norman Swed; orthopedic surgeon Dr. Andrew Greenberg; Kristan Catanese of Peak Performance Physical Therapy, Island Park; and massage therapists Jerry Kelly of Massapequa and Ignatious Walter Oluoch of Kenya for keeping my body healthy and strong due to numerous injuries.

## G-d Answers Richard Brodsky

G-D answers HIV-positive, brain cancer survivor, marathon-running author of: *Jodi, The Greatest Love Story Ever Told*, (by Richard M. Brodsky)

Stopping at a drugstore to pick up some meds, I learned from the pharmacist that one prescription could not be filled for twenty-five years. I told the pharmacist that having the prescription filled was very important to me and I suggested that he put it through the system as an override. He looked at the prescription and was shocked to find my request for a conversation with G-d. A look of dismay crossed the pharmacist's face as he resubmitted the prescription. A computer snafu occurred and a second or two later the pharmacist handed me a small vial with a piece of paper inside. I thanked the pharmacist and proceeded to open the vial as I headed to the exit. The message inside read, "Okay, Richard, you have just one question." I exited the store and looked upward and implored, "WHY ME?"

"WHY NOT?" G-d countered as He explained He's getting old and tired and even He is not perfect. He realizes He's made mistakes and the really big ones He's managed to correct. "Dinosaurs..." He claimed, "...those were my biggest mistakes. I did manage to expel them from the planet. Flowers, there I have succeeded admirably. You could not find a human being designing such a variety of colors, textures, fragrances and general layout of a flower from its petals to how the flower opens itself up to the world. I screwed up on roses. They were never supposed to have thorns. But if everything were perfect down there nobody would look forward to keeping me company in the Afterward. Richard, as far as giving you HIV and brain cancer, we did have a computer glitch up here. All this business of pray to G-d, ask G-d's repentance, may G-d keep me in his good graces and on and on. I told you I'm getting old and I could not function without a computer. I'm actually surprised you people down there took so long to develop a computer. I gave you Galileo, DaVinci, Edison...you guys are centuries late. Richard, you were not supposed to get these two fatal illnesses. I was undecided between a few of my favorite earthly religious leaders who were much respected on Earth. People would take them more seriously than you. Next thing I know, the computer freezes and in a flash your name is the one selected to receive HIV and brain cancer. I could not exactly change what had already happened. We do rest up here and whoever talked about resting a day, a week, that doesn't cut it up here. A day or week may be fine but every fifty or so years we need a month, a year or years of rest. I slept through the Hitler years and I rested too long during the early years of AIDS. Besides, giving this illness to you as opposed to a religious leader might prove to be more interesting."

It was then that the vial vanished and I looked up to the sky as the sun poked through from behind the clouds.

What a glorious sunrise...



Painting by Arnold Jaoko

For more information visit: [richardmbrodsky.org](http://richardmbrodsky.org) and click LINKS.



# Long Island Business News Reports on the Richard M. Brodsky Foundation

NONPROFITS

30A LONG ISLAND BUSINESS NEWS | JULY 1-7, 2011 | libn.com

## Turning tragedy into triumph

By KENNETH R. CERINI

In 1997, at the age of 45, Richard Brodsky received an HIV-positive diagnosis. For standing by his side during this difficult period, Brodsky wrote his first book for his wife and family: "Jodi: The Greatest Love Story Ever Told." At a book signing in 2002, Brodsky suffered a seizure and was diagnosed with brain cancer. After months of treatment, he ran the 2003 Marathon, and upon completion realized that even after being diagnosed with HIV and living with brain cancer, he could still lead a productive and happy life. To help inspire those undergoing similar challenges, Brodsky started his foundation to help others prevail against HIV and cancer.

"We are committed to supporting research and global AIDS projects, as well as helping to reduce the stigma associated with cancer and AIDS," said Brodsky, president of the Richard M. Brodsky Foundation. "We aspire to help bring individuals and cultures together to create hope for a better tomorrow."

**What is the foundation's mission?** Our global mission is to provide food, shelter and shoes for orphans living in Kenya, raise money for research for the cure or vaccine for AIDS, to help those afflicted with AIDS and to help those with cancer. Locally, we organize 5K AIDS/Cancer Run/Walk to improve the lives of people living with HIV and cancer.

**How does the foundation advocate for those living with AIDS?** We give to many organizations that support HIV-positive people; we help fund research at the University of Florida as well other leading AIDS research facilities. We also strive to put on the best 5K running/walking event on Long Island. At this year's 5K event we gave away \$45 in gift certificates, everyone received a personalized t-shirt and we gave away \$5,000 in free raffles. We do not charge people living with HIV or cancer.

**How do you go about raising awareness that HIV and brain cancer can be overcome by living a healthy and upbeat lifestyle?** We hosted and completed seven World AIDS Marathons in Kenya on World AIDS Day and seven 5K AIDS/Cancer Run/Walks in America. We also have sponsored dinner dances for 2,800 orphans. It's not just donating money for these dinners; it is about letting the orphan see there are faces behind these donations and Americans do care about the plight of orphans in Africa. The World AIDS Marathon is held in Kenya, and the full impact of it was never realized until 2006, when the World Health Organization issued a report stating that Kenya was only one of two African countries that had a declining rate for new HIV cases from December 2003 to December 2005. The organization's various running events in America since 2008 have raised \$41,000 in cash, toiletry/gift items and toys.

**How did the foundation get involved in Kenya?** I realized that, with the correct medicines and treatment, I am still able to live a long and healthy life. Unfortunately, those in Kenya do not have the access or education that we have here, and I set out to help build up the AIDS infrastructure by funding local projects and orphanages.

**How do you go about achieving such a broad mission that includes HIV, brain cancer and providing assistance to those in Kenya?** I've been a newspaper deliver boy, waiter, architect, author, publisher and can say with 100 percent certainty, I've found the best position I could ever hope for: being president of a foundation where I can help people living with HIV or cancer. When you get supportive letters from presidents and senators, and get to have dinner with President Barack Obama's grandmother, sometimes in life there are no choices.



**RICHARD BRODSKY:** The organization is dedicated to improving the lives of those with HIV and cancer.

### Organization Richard M. Brodsky Foundation

**Address** 1247 Mara Court  
Atlantic Beach, NY 11509

**President** Richard Brodsky

**Phone** 516-770-7724

**Website** [www.richardmbrodsky.org](http://www.richardmbrodsky.org)

**Year founded** 2005

**Paid staff** 0

**Annual budget** \$23,384

**Fundraised expenditures** \$23,364

**Program service** 87 percent

Cerini is the managing partner of Cerini & Associates, a full-service CPA firm. If you are a nonprofit agency and have an interesting story to tell, send an e-mail to [kerc@cerinilandassociates.com](mailto:kerc@cerinilandassociates.com) or call (531) 582-1600.

Thank you to Long Island Business News and the numerous individuals and organizations that have been extremely supportive of the Richard M. Brodsky Foundation's work. The Foundation is incredibly grateful to everyone who has helped to further our mission, some of whom we would like to acknowledge by name: allroundfoods.com; Anne & Dean Backer; Bohemia Track Club; clubflyers.com; CNS Management Corp.; Delivering Good; Jeffrey & Paula Gural; Pip Marketing Signs and Print of Inwood; and Shalom Maidenbaum of Maidenbaum Property Tax Reduction Group, LLC. The Foundation would also like to thank the student groups who invited Richard to speak at American University, Baldwin High School, Georgetown University, Great Neck North High School, Hofstra, Stony Brook, and the University of Florida at Gainesville. We thank the Richard M. Brodsky Foundation board members; volunteers: Heidi Weisel, Keely Payne, Lindsey Mayer, Rupert Reyneke, and Sahil Batta; media outlets A&U and POZ Magazine, Anton Publications, Daily Nation, Great Neck News, Great Neck Record, Newsday, The Jewish Star, The Miami Herald, The Nassau Herald, The New York Times, thebody.com, Westside Gazette, and WestView News; TV and radio shows hosted by CNN, CTV (Canada TV), Dick Clark, Howard Stern, John Walsh, Montel Williams, Sally Jesse Raphael, and Voice of America; and Barnes & Noble for taking a chance on a first time author. AND most of all, my loving wife Jodi who inspired me to write the book: *Jodi, The Greatest Love Story Ever Told*.

Thank you to everyone (all names listed in the introduction of this book) who had a hand in creating the video and trailer titled World AIDS Marathoners Love Affair With Kenya, watch here: [youtube.com/watch?v=PCxazkmXxXk](http://youtube.com/watch?v=PCxazkmXxXk).

## DONATE NOW!

I hope you have enjoyed reading about Richard M. Brodsky Foundation's efforts in both Africa and America over the past several years. Your help is needed to continue these efforts with your support as volunteers, participants, and sponsors. The Foundation appreciates your donations, they are will put to good use by funding the Foundation's charitable work both in Africa and America. Please consider making a donation by visiting: **[richardmbrodsky.org](http://richardmbrodsky.org)**, **[worldaidsmarathon.com](http://worldaidsmarathon.com)**, or **[5kaidsncancer.com](http://5kaidsncancer.com)**. Click on the DONATE link or mailing your donation to the address on the back cover.

On the back cover you can read what industry leaders and educators are saying about the Richard M. Brodsky Foundation. However, some of the most notable thoughts come from wonderful humanitarians such as Nancy Werner, a testament to the need to continue the great work that the Richard M. Brodsky Foundation does on an daily basis.

*"I ran in the 5K today with my son at Cedar Creek Park. It was tremendous! From Richard Brodsky, HIV-positive and a brain cancer survivor, with his wife at his side — who could be a better inspiration for us. The response to the 5K was great, the support and encouragement unmatched. We finished the 5K and left flying high on encouragement and hope. I know my battle with cancer will be won knowing the love and support that is out there. Thank you to the Brodskys!"— Nancy Werner*

## Prize-Winning Letter Published in "The Standard" Nairobi, Kenya

### LET'S SUPPORT AIDS MARATHONER

*"When life hands you a lemon," so the dictum goes," make lemonade out of it." This line of wisdom clicked in my mind immediately as I started reading the article NYC marathoner runs for Kenya, by Betty Kemunto in New York. It is a case of juggling with one's pride, altruism and a display of exceptional character which is hard to come by today. Yet, the couple has decided to take the bull by the horns and try to make some good out of a bad situation. However, one question begs an answer: will their efforts of creating awareness bear any fruits?*

*Awareness of the disease has been drummed into mankind's head but still there is minimal behavior change. It's like AIDS has already lost its scare value. Thus, our red-light streets are still as vibrant as ever, irresponsible sex—even with minors, continue to dominate; incest, fornication...the list is long. But a prophet is coming. It is said that a prophet is not recognized in his homeland. Richard Brodsky (read AIDS prophet) is flying from his homeland for a purpose—to continue with the awareness that is slowly sliding to oblivion. Are we going to heed his call or despise his noble efforts? — Michael Nyagah Mainge, Nakuru, Kenya*

*"I pray God's richest blessings upon you as you continue to make a difference in the lives of others. You have certainly made a difference in mine."— Reverend Wanda Faye Myers, Living Hope Fellowship of Massapequa*

AMSA chapters or similar organizations that are interested in initiating events or similar projects with the Richard M. Brodsky Foundation can visit: **[richardmbrodsky.org](http://richardmbrodsky.org)** and click on LINKS.



**Richard M. Brodsky Foundation**  
1247 Mara Court  
Atlantic Beach, NY 11509

*“Wishing you much  
success Richard in  
staging the World  
AIDS Marathon and  
supporting Kenyan  
orphans & runners.”*

**—Eliud Kipchoge**



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## **LEADERS & EDUCATORS WHO HAVE EXPRESSED SUPPORT FOR THE RICHARD M. BRODSKY FOUNDATION**

**President Barack Obama**—“HIV/AIDS is the worst public health crisis in human history, and finding a cure is a priority of mine. But government cannot fight AIDS alone. People like you are invaluable working at the grassroots to show the human face and spirit that I believe will ultimately defeat HIV/AIDS. I wish you all the best for a successful race.”

**President Bill Clinton**—“The HIV/AIDS epidemic is one of the most urgent problems of our time and it needs the voices, energy, and involvement of people like you.”

**Town of Hempstead Supervisor Kate Murray**—“Our township salutes you and we offer our hearts, minds and hands to assist in all of your noble endeavors.”

**Former United Nations Special Envoy to HIV/AIDS in Africa, Stephen H. Lewis**—“I wish you every triumphant success. There can be no objective on this planet more worthy than to overcome the pandemic of HIV/AIDS.”

**Jerry S. Laricchiuta, CSEA Long Island Region President**—“Richard Brodsky is an unbelievable champion for those who suffer from illnesses such as AIDS and cancer. Support his cause, he is the real deal.”

**United States Senator Ted Kennedy**—“I wish you all the best in your continuing battle against HIV/AIDS and I commend you for all you’re doing to raise money for a cure.”

**Nasau County Executive Laura Curran**—“Richard Brodsky’s story is one for the ages. He overcame HIV & brain cancer; he also runs marathons and travels annually to Africa to bring nutritious food and health care to children. He is truly an inspiration.”

**Professor Asher J. Matathias, President Long Island Lodge #1353, B’nai B’rith:** “May the Almighty grant you good health, much love, and the will to continue your work. You are a beacon for people living with HIV and cancer.”

**Dr. Anton Berzins, school psychologist at Great Neck North High School**—“It’s easy to bring out the best in our students when we focus our energies on a worthy cause, and a wonderful human. The kids see your generosity, kindness, and perseverance, and respect that.”

**Mayor Jean Celender, Village of Great Neck Plaza**—“I wish to commend Richard on his remarkable journey to encourage people living with HIV/AIDS and cancer to live healthy productive lives. You are inspiring many and making a difference in the fight for a cure.”

**Ronald Fatoullah, President of the NY Chapter of the National Academy of Elder Law Attorneys**—“A heartfelt thank-you to Richard & Jodi Brodsky and the Richard M. Brodsky Foundation for their exceptional efforts in fighting HIV/AIDS and in assisting those with brain cancer. Richard, your life history is truly an inspiration to all of us!”