



*Richard Brodsky's*  
**JOURNEY OF HOPE**



**2024**





RICHARD M. BRODSKY FOUNDATION  
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 Atlantic Beach, NY 11509  
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 richardm.brodsky@gmail.com

[www.5kaidscancer.com](http://www.5kaidscancer.com)

[www.worldaidsmarathon.com](http://www.worldaidsmarathon.com)

[www.richardmbrodsky.org](http://www.richardmbrodsky.org)

September 12, 2024 **There are no other marathon runners in the world who run marathons who are living with HIV + brain cancer. This is the only marathon on World AIDS Day in North America to honor the memory and loss of 42,000,000 souls who died from AIDS**

Dr. Bonyo | Bonyo's Kenya Mission | 1569 Vernon Odom Blvd. | Akron, OH 44320

RE: World AIDS Marathon + 4 orphan dinner dances + medical care for orphans + events for special needs kids

Dear Dr. Bonyo: **This Event is being presented by Rockaway Business Alliance & Richard M. Brodsky Foundation**

On World AIDS Day, Dec 1, 2024 **(Sunday, 3 days after Thanksgiving)** the Richard M. Brodsky Foundation, a 501(c) (3) public charity will sponsor its 18th World AIDS Marathon, half marathon, 10K & 5K on the Rockaway boardwalk in Queens, NY. Proceeds from this event will fund the Foundation's work in Kenya & America. Our team will visit Kenya from Dec 4 - 13 to provide medical care for 800 – 1,000 orphans at 4 orphan dinner dances, two day of art, music & dancing for special needs kids + a running Event. Our mission is to improve the lives of people living w/ HIV in Kenya. Proceeds will also benefit Harmony HealthCare Long Island, St. John's Episcopal Hospital, + Campaign Against Hunger + \$500, \$400 & \$300 to non-profits for 3 teams who recruit the most registrants with respect to registration fees.

Since 2004, the Brodsky Foundation, with your help, has donated \$610,000+ in goods & services for helping people, especially children living with HIV or cancer, in Africa & America. Donations have also funded 53 festive orphan dinner dances for 13,670 Kenyan orphans, AIDS & cancer research, free concerts, 21 local 5K running events (4 were free), toys for children living with HIV and/or cancer & toiletry/gift items for people living with HIV or cancer on Long Island.

In addition, medical care and in many cases lifesaving treatment has been provided for 3,305 orphans treated at the orphan dinner dances since 2011. Placing a value on this work is not plausible. 3,500+ people were tested for the AIDS virus at the World AIDS Marathon since 2006. One of the groups testing reported HIV+ results in more than 28% of those tested, while on Long Island, the comparable rate is 1%.

Why I started the Foundation back in 2004? I was diagnosed HIV+ in 1997. In 2002, I was diagnosed with brain cancer and given 2 – 4 years to live. I promised my wife Jodi that if I survived cancer with her help, I would do everything I could to help people, especially children, living with HIV or cancer. There are still 630,000 people dying from AIDS every year. I recently turned 72 years young. 11 of my last 35 marathons have been my fastest since my cancer diagnosis. I think that people, even those living with HIV and cancer, can reverse their aging process if they lead a healthy lifestyle. On October 10, 2021, I finished the Mohawk-Hudson Marathon in 04:17:13 which qualified me, a proud grampa of 4, to run my 2nd Boston Marathon in 2023 at age 70!

For people living with HIV or cancer: exercise, eat healthy, don't smoke or drink alcohol, and never have unsafe sex if you and your partner are not committed to a monogamous relationship. To government, business and society, "people living with so-called fatal illnesses can lead healthier productive lives if we have affordable access to doctors and medicine."

For the following donations, sponsors will receive: \$50, the book, *Richard Brodsky's Journey of Hope*; \$100, your names will appear on Event T-shirt; \$200, your logo and link to your website will appear on the World AIDS Marathon website plus 2 t-shirts; \$500, co-sponsor an orphan dinner dance for 250+ orphans, and receive all promotional benefits as smaller donor categories. Certificates of Appreciation for the World AIDS Marathon + events in Kenya will be sent to anyone donating \$25+. Kindly complete the attached sponsorship card and return as noted. Cash donations should be received by Nov. 12<sup>th</sup> with your logo,

People in our very own and global communities are counting on you and me to make a difference in their lives. Please join me in my fight against AIDS and cancer. Thank you on behalf of all people afflicted with HIV & cancer.

Very Truly Yours,

[www.richardmbrodsky.org](http://www.richardmbrodsky.org) Foundation website  
[www.worldaidsmarathon.com](http://www.worldaidsmarathon.com) marathon website

Richard Brodsky, President  
 Richard M. Brodsky Foundation

[www.treblood.com](http://www.treblood.com) book website  
[www.5kaidscancer.com](http://www.5kaidscancer.com) 5k run/walk in America website



**Richard completing 2023 Boston Marathon**

# WORLD AIDS MARATHON HALF MARATHON, 10K, 5K



acknowledge and honor the loss and memory of 42,000,000 souls.

**REGISTER ONLINE :** <https://events.elitefeats.com/worldAIDSmarathon24>

Proceeds will be donated to St. John's Episcopal Hospital, Harmony HealthCare Long Island, Campaign Against Hunger + the Foundation's annual projects in Kenya, visit [www.worldaidsmarathon.com](http://www.worldaidsmarathon.com)

Event is being presented by Rockaway Business Alliance to benefit the Richard M. Brodsky Foundation.

## Boston Marathon Qualifier

Dec. 1, 2024

**10 AM START**

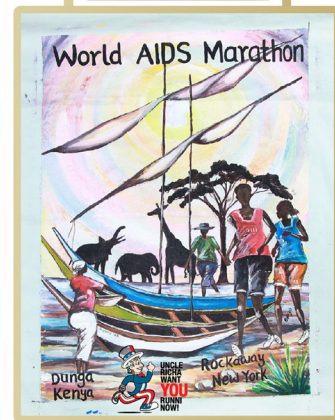
Beach 73rd Street and  
Rockaway Beach Boardwalk,  
Queens, NY



## T-SHIRTS / MEDALS

All participants will receive an event t-shirt and medal. T-shirt is painted by Kenyan artist Maurice Opito.

Top 3 finishers in each race, overall and masters winners m/f will receive a trophy.



500 POSTERS, MEDALS, & TROPHIES DONATED BY

Russo Law Group, P.C.  
Estate Planning, Elder Law & Special Needs  
516-683-1717



Peter Heskiet  
516-239-7940



[bohemiatrackclub.org](http://bohemiatrackclub.org)



[lirrc.org](http://lirrc.org)



[rockawaybusinessalliance.org](http://rockawaybusinessalliance.org)



[allroundfoods.com](http://allroundfoods.com)



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516-223-2835



MALIK Fraternity, Inc.



[ces.suffolk.org](http://ces.suffolk.org)



UNCLE  
RICHARD  
WANTS  
**YOU**  
RUNNING  
NOW!

MARATHON  
HALF MARATHON  
10K  
5K



**REGISTER NOW!**

LIVE or VIRTUAL



CONTACT INFO: Richard Brodsky, [richardm.brodsky@gmail.com](mailto:richardm.brodsky@gmail.com)



# The Richard M. Brodsky Foundation

would like to extend its heartfelt thanks to

## Glen Wolther / All Round Foods

for being a 'Racing to Save Lives Sponsor' for the 2023 World AIDS Marathon and its related events. 890 orphans dined & danced + 203 orphans + caretakers were examined & treated by doctors + 84 orphans + caretakers received foot massages at 4 orphan dinner dances, 2 days of art lessons/exhibits and concert for special needs kids in conjunction with the 17th annual World AIDS Marathon on World AIDS Day, Rockaway Beach, NY and 5K run in Kenya. 100 runners participated (live & virtual) in the full + half Marathon + 10K & 5K. 65 volunteers assisted with the marathon including 45 students from Great Neck North High School, Long Island Road Runners Club, Baldwin Chamber of Commerce, Rockaway Business Alliance, Malik Fraternity, + friends. According to UNICEF, 1 Kenyan child in 27 will die before their 5th birthday. Thank you to the doctors for saving the lives of many Kenyan orphans + international & Kenyan runners, sponsors, hosts of orphan dinner dances, volunteers, art tutors, singers & dancers, + the animals roaming this page.



World AIDS Marathon t-shirt image donated by Kenyan artist Edward Orato. T-shirts donated by the Backer & Gural families. Matching medals donated by Estella Clasen - Bohemia Track Club, pastries donated by Glen Wolther - allroundfoods.com



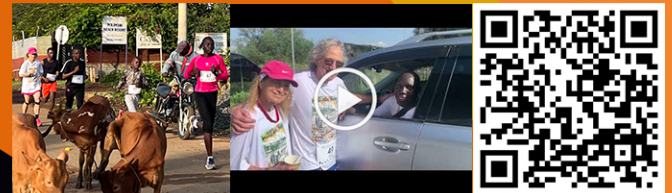
Dec. 1, 2022... World AIDS Marathon, Rockaway Beach, CBS News covered event, view QR code. Thank you, Rockaway Business Alliance, Long Island Road Racing Club, Baldwin Chamber of Commerce, MALIK Fraternity + Great Neck North High School for your support.



Dec. 6... Special Needs Kids art lessons, host Eunice Owino, JIU PACHI, Dec. 7... Meet & Greet Dinner organized by RMB Foundation board member Keving Ong'uti Momanyi, 39 guests, musical performance: Coster Ojwang + Gabiro MTU Necessary.



Dec. 9... left, Jameelah Aziz schlepped 280 pounds of clothing to be given at 4 orphan dinner dances, Marsat Onyango, Exec. Dir. of Obama Childrens Foundation. Dec 10... middle, Terry Doyle gave foot massages at 4 orphan dinner dances to 84 Kenyans including 30 at Pastor Paul's Word Academy; r, Ignatius Walter Oluoch, Jodi & Rich Brodsky, Kevin & Pastor Paul serving 380 kids.



Dec. 11... Dec. 11... Jodi Brodsky running w/ animals at the 5K AIDS fun run walk in Dunga; middle + right, click QR code and hear Pastor Paul's message about how unity is our power.



Dec. 12... orphan dinner dance at Bonyo's Kenya Mission, 170 orphans dined & danced, Dr. Sartori donated medicine and examined & treated 32 orphans.



Dec. 13 & 14, orphan dinner dance for 300 Kenyan orphans and concert for special needs kids, Eunice Owino hosted both events at Jiu Pachi. Photos l to r: Gabiro MTU Necessary dancing with kids; Jodi & Rich Brodsky dancing with Coster Ojwang + Kisumu kids Africa Kenya Dancers; Jodi & Rich serving dinner; saying goodbye to everyone at Jiu Pachi.



Click QR code to see the talented artists, musicians and how cool would it be if we could have a pavilion in the Rockaways with a small movie theatre where people can experience life in Dunga, Kenya and Kenyans could showcase their talents.



Nothing more romantic than seeing your lover at Lake Victoria with zebras.



I love placing myself in a street scene / painted by a Kenyan artist. If no one finds me I'll stay in Kenya.

WORLD AIDSMARATHON.COM  
certificate design  
by: Lindsey Mayer Photography  
lmmphoto.com



Happy Valentine's day from  
Richard & Jodi Brodsky



In Loving Memory of Terry Bisogno



## Prominent Groups and Individuals Who Have Expressed Support of the Foundation

**President Joseph R. Biden** - On behalf of the American people, I extend my heartfelt appreciation to you for your volunteer leadership, and I encourage you to continue to answer the call to serve. The country is counting on you.

**President Barack Obama** - AIDS is the worst public health crisis in human history, and finding a cure is a priority of mine. But government cannot fight AIDS alone. People like you are invaluable working at the grass roots to show the human face and spirit that I believe will ultimately defeat AIDS. I wish you all the best for a successful race.

### President Bill Clinton

- The HIV/AIDS epidemic is one of the most urgent problems of our time and it needs the voices, energy, and involvement of people like you.

### United States Senator Ted Kennedy

- I wish you all the best in your continuing battle against HIV/AIDS. I commend you for all you're doing to raise money for a cure.

### Congressman Thomas R. Suozzi

- I thoroughly wish you all the best in your continuing battle against HIV/AIDS and I commend you for all you're doing to raise money for a cure.

### Former United Nations Special Envoy to HIV/ AIDS in Africa, Stephen H. Lewis

- I wish you every triumphant success. There can be no objective on this planet more worthy than to overcome the pandemic of HIV/AIDS.

### Michael Nyagah Mainge, Nakuru, Kenya

- But a prophet is coming. It is said that a prophet is not recognized in his homeland. Richard Brodsky (read AIDS prophet) is flying from his homeland for a purpose - to continue with the awareness that is slowly sliding to oblivion. Are we going to heed his call or despise his noble efforts?

### Ronald Fatoullah, Co-chair of the Board of Directors of the Long Island Alzheimer's Association

- A heartfelt thank-you to Richard & Jodi Brodsky and the Richard M. Brodsky Foundation for their exceptional efforts in fighting HIV/AIDS and in assisting those with brain cancer. Richard, your life history is truly an inspiration to all of us!

### Dr. Anton Berzins, Great Neck North High School, school psychologist

- It's easy to bring out the best in our students when we focus our energies on a worthy cause, and a wonderful human. The kids see your generosity, kindness, and perseverance, and respect that.

### Harvard Medical School, Dr. Bruce Dezube

- Yours is a beautiful message of hope.

### Mike Polansky (Former President of the Greater Long Island Running Club)

- There is no harder working team of race directors on Long Island than Richard and Jodi Brodsky.

### Geri Barish, Exec. Director of Long Island Breast Cancer Action Coalition (Hewlett House)

- Thank you for the wonderful work you do for the AIDS & Cancer Community. Through your awareness programs, runs and other events you have brought a positive and educational awareness to so many.

### Professor Asher J. Matathias, President Long Island Lodge#1353, B'nai B'rith

- May the Almighty grant you good health, much love, and the will to continue your work. You are a beacon for people living with HIV and cancer.

### Reverend Wanda Meyers, Living Hope Fellowship of Massapequa

- I pray God's richest blessings upon you as you continue to make a difference in the lives of others. You have certainly made a difference in mine.

### Eric Adams, Mayor NYC

- This Foundation is guided by its mission to uplift youth in Kenya and advance medical research to eradicate HIV/AIDS and brain cancer.

### Jerry S. Laricchiuta, CSEA President of Local 830 Nassau County

- Richard Brodsky is an unbelievable champion for those who suffer from illnesses such as AIDS + cancer. Support his cause, he is the real deal

### Former Town of Hempstead Supervisor Kate Murray

- Our township salutes you and we offer our hearts, minds + hands to assist in all of your noble endeavors.

### Dr. Bruce Hirsch, Northwell Health

- Your marathoning is a living inspiration. When I see you run, I smile and start to jog myself.

### Mayor Jean Celender, Village of Great Neck Plaza

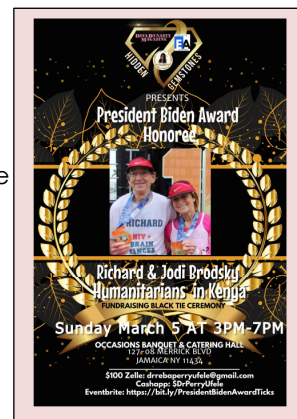
- I wish to commend Richard on his remarkable journey to encourage people living with HIV + cancer to live healthy productive lives. You are inspiring many and making a difference in the fight for a cure.

**Jewish World, Albany, NY** - Says Brodsky in 2019 at age 67, "I know I don't fit the profile to be running marathons with HIV and brain cancer. I'm 20 pounds overweight for a marathon runner and I should be 20 years younger. In the past two years I ran 10 marathons including my first Boston Marathon."

**Nassau County Executive, Thomas R. Suozzi & Richard Brodsky at the August 2nd, 2007, ribbon-cutting ceremony of the new two-mile Fitness trail at Eisenhower Park. The new trail is part of Tom Suozzi's vision to make Nassau County the healthiest county in America by the year 2020.**



**Town of Hempstead Supervisor Kate Murray, 2009, presenting trophies at inaugural 5K AIDS Cancer Run Walk, Cedar Creek Park, Seaford.**



**PRESIDENT BIDEN AWARD**



**Jodi has agreed to run a marathon with me for my 100th birthday and I will not deprive my wife of my present.**



**Richard M. Brodsky Foundation's Mission:** To improve the lives of people, especially children, living with HIV & cancer in Africa & America + raise awareness that 2/3 of the people dying from AIDS live in sub-Saharan Africa. A LACK OF DOCTORS, MEDICINE, AFFORDABLE HEALTHCARE, EDUCATION, CLEAN DRINKING WATER & NUTRITIOUS FOOD COMBINED WITH AN ABUNDANCE OF POVERTY, HUNGER, MALARIA & TUBERCULOSIS is the reason why 1 child in 27 will die before they are 5, as per UNICEF, and one of the leading causes of death is hunger.



JIU PACHI 2018

For more info about the Richard M. Brodsky Foundation, World AIDS Marathon, 5K AIDS / Cancer Run / Walk in America and the book, *Jodi, The Greatest Love Story Ever Told*, please visit the websites, [www.richardmbrodsky.org](http://www.richardmbrodsky.org), [www.worldaidsmarathon.com](http://www.worldaidsmarathon.com), [www.5kaidsncancer.com](http://www.5kaidsncancer.com) & [www.treblood.com](http://www.treblood.com). For photos of World AIDS Marathon & related events, view marathon website.



Visit, <http://www.worldaidsmarathon.com/> & click **REGISTER NOW** pick a race

Thank you, Rockaway Business Alliance, for presenting the marathon, half, 10K + 5K on the Rockaway boardwalk + Elitefeats for timing the events. We will travel to Kenya for 12 days in early-December to sponsor 4 orphan dinner dances + provide medical care for orphans + two days of art workshops and music and dancing for special needs kids + a 5K event to honor the 42,000,000+ people who have died from AIDS.



The Richard M. Brodsky Foundation will be sponsoring its 18<sup>th</sup> annual World AIDS Marathon, half marathon, 10K + 5K on the Rockaway boardwalk in Queens, NY, USA on Sunday, World AIDS Day, 2023. December 3, we will be traveling to Kenya to sponsor 4 orphan dinner dances for 800 - 1,000 Kenyan orphans + providing medical care + two days of music & dancing and art workshops for special needs kids + a 5K Event to honor the 42,000,000+ people who have died from AIDS. Since 2006, the Foundation has sponsored 53 orphan dinner dances for 13,670 orphans; since 2011, 3,305 orphans were examined & treated at the dinner dances; + since 2023, 84 orphans & caretakers received foot massages so they could walk again with reduced pain. We are seeking runners & sponsors to make this a successful Event. The Richard M. Brodsky Foundation would like to think of itself as a mini-Doctors Without Borders, except we have an advantage. Not only do the doctors, nurses & therapists get to examine & treat the orphans, they get to dine & dance with them. For a donation of \$200, join us on Dec 3 – Dec 14 for events noted above + a Meet & Greet dinner on Dec 6 in Kisumu, Kenya.



Drs. Sartori and Bonyo examining an orphan

[Bonyo's Kenya Mission](#) photo above and below

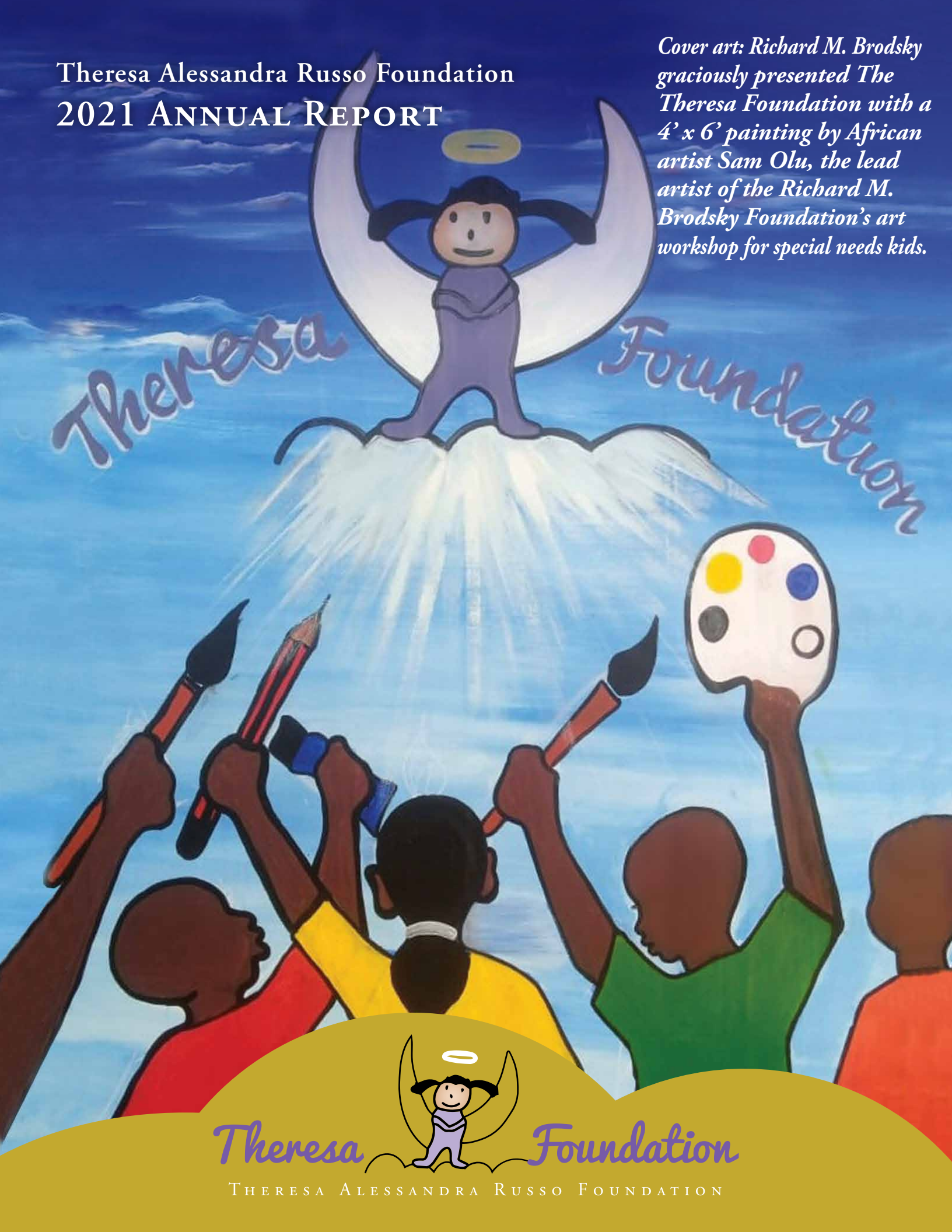


Visit [www.worldaidsmarathon.com](http://www.worldaidsmarathon.com) & click register and/or donate for 2024 World AIDS Marathon, half marathon, 10K and 5K.



Theresa Alessandra Russo Foundation  
2021 ANNUAL REPORT

*Cover art: Richard M. Brodsky  
graciously presented The  
Theresa Foundation with a  
4' x 6' painting by African  
artist Sam Olu, the lead  
artist of the Richard M.  
Brodsky Foundation's art  
workshop for special needs kids.*



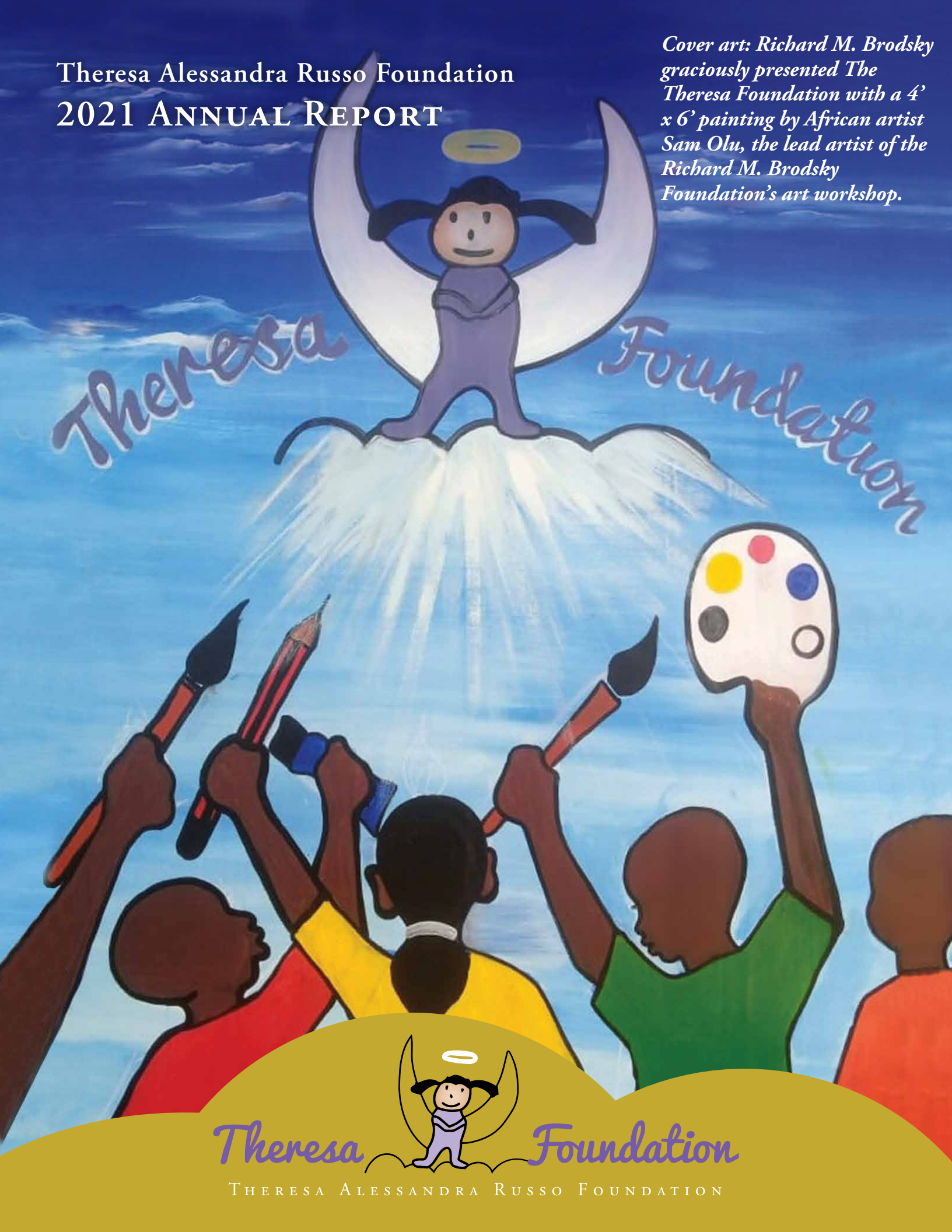
Theresa  Foundation

TERESA ALESSANDRA RUSSO FOUNDATION



Theresa Alessandra Russo Foundation  
2021 ANNUAL REPORT

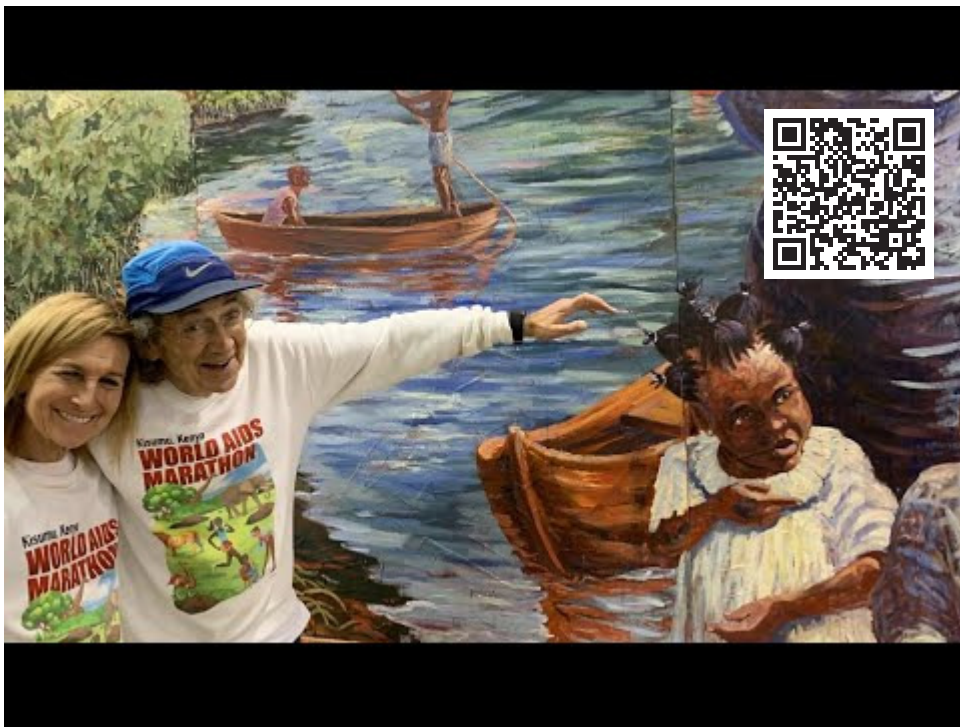
*Cover art: Richard M. Brodsky  
graciously presented The  
Theresa Foundation with a 4'  
x 6' painting by African artist  
Sam Olu, the lead artist of the  
Richard M. Brodsky  
Foundation's art workshop.*



Theresa  Foundation

TERESA ALESSANDRA RUSSO FOUNDATION





Enjoy the video World AIDS Marathoners Love Affair With Kenya on my youtube channel worldaidsmarathon.

<https://youtu.be/sGwNJbAZ-v8>.

Please subscribe, comment, LIKE and share. Why can't we embrace & celebrate diversity like my Kenyan friends.

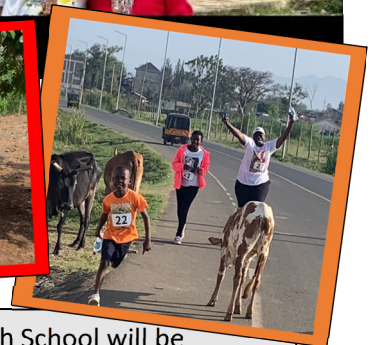
A story of everything that Kisumu, Kenya has to offer: it's animals, artists, dancers and singers + its vibrant fishing economy bordering Lake Victoria and Kenya's incomparable runners.

**Kisumu/Dunga/Kenya needs a sister city... NYC/Rockaway?**

[https://youtu.be/ivkEbg\\_wy5o](https://youtu.be/ivkEbg_wy5o). Kenya has some incredibly talented runners, musicians, singers, dancers, artists and is surrounded by Lake Victoria. The Kisumu Impala Sanctuary faces Lake Victoria; a five-minute drive from Kisumu and is at the beginning of Dunga. The video showcases Dunga through music videos with slides of Kenyan artists and even animals participating in a 5K AIDS fun run + a day at JIU PACHI where orphans dine, dance and are examined by doctors. My wish is for a cultural bridge between USA and Kenya with a pavilion in the Rockaways where Kenyans could sell their paintings, jewelry, clothing, and wood carvings; Kenyan musicians could have a venue to perform; a playground & communal bar b que area; and a fish market where fresh fish could be sold & cooked from Jamaica Bay; + a small museum/theatre which could showcase videos of Dunga and the Rockaways; and residents of the Rockaways would want to travel to Dunga.



Kisumu/Dunga/Kenya needs a sister city... NYC/Rockaway?



Thank you, Dr. Anton Berzins, faculty advisor of AIDS Awareness Club at Great Neck North High + all the students for giving voice & purpose to my videos Racing to Take the COVID-19 Vaccine; Magic Johnson, Will You Coach Our AIDS Awareness Faculty Basketball Game, and World AIDS Marathoners Love Affair with Kenya.

Great Neck North High School will be sponsoring its 11th annual sports night to benefit the Richard M. Brodsky Foundation.

The students of the AIDS Awareness Club and Faculty Advisor Dr. Anton Berzins are working on organizing a co-ed faculty volleyball game. My best memories of GNNH sports night are when the talented students produced a video titled, "Magic Johnson, Will You Coach Our AIDS Awareness Faculty Basketball Game?"

<https://youtu.be/AfjSVJ4h49E>.



Richard M. Brodsky Foundation 1247 Mara Court Atlantic Beach, NY 11509  
Contact: Richard Brodsky Phone: (516)770-7724 [richardm.brodsky@gmail.com](mailto:richardm.brodsky@gmail.com)

**18th annual World AIDS Marathon sponsored by only person in the world who runs marathons & is living with HIV + brain cancer + running Albany, NY Marathon to help end AIDS epidemic in NY State**



The Brodsky's do everything possible to help eliminate the stigma of AIDS. Pictured above is Richard & Jodi Brodsky finishing 2015 Miami Marathon, orphan dinner dance at Pres. Obama's grandmother's home and start of 2016 World AIDS Marathon.

Visit [www.worldaidsmarathon.com](http://www.worldaidsmarathon.com) and click on **REGISTER NOW** for 2024 World AIDS Marathon, half marathon, 10K or 5K on Rockaway Boardwalk, Queens, NY on World AIDS Day, December 1.

The Richard M. Brodsky Foundation's Mission Statement is heartwarming in many ways: To improve the lives of people, especially children, living with HIV and cancer in America and to raise awareness that 2/3 of the people dying from AIDS live in sub-Saharan Africa. **Join us for 18<sup>th</sup> annual World AIDS Marathon, meet & greet dinner, 4 orphan dinner dances, 2 days of music & dancing + art workshops + lunch & snacks for special needs kids + a 5K running Event to honor the lives of 42,000,000+ people who have died from AIDS.**

A LACK of DOCTORS, MEDICINE, AFFORDABLE HEALTHCARE, EDUCATION, CLEAN DRINKING WATER & NUTRITIOUS FOOD COMBINED with an ABUNDANCE of POVERTY, HUNGER, MALARIA & TUBERCULOSIS is the reason why 1 child in 27 will die before his or her 5th birthday. According to UNICEF, the leading causes of childhood death are poor or nonexistent medical care, malnutrition, and hunger. To these ends, the Richard M. Brodsky Foundation has sponsored and provided for the following groundbreaking projects:

- Co-sponsored with Kenyan partners or sponsored 15 World AIDS Marathons in Kisumu, Kenya + 1 in Rockaway, NY
  - 53 festive orphan dances for 13,670 Kenyan orphans since 2006
  - Concert in Kenya in 2006 + meals, lodging and transportation for 50 Kenyan runners
- Medical care & medicine for 3,305 Kenyan orphans since 2011 which saved the lives of 900+ orphans
  - Foot massages for 84 Kenyan orphans & caretakers so they could walk with much less pain.
  - \$31,000 in prize money for the fastest runners, a modest amount for Kenyan runners.
    - 12 children's walks for 3,200 children
  - HIV-testing for 3,500+ people (provided by others at World AIDS Marathon Event)
- 6 days of painting lessons + 4 days of concerts for special needs kids in Kenya (some grants obtained from Theresa Foundation)
  - \$2,000 which was enough money for groundbreaking for a 60 bed orphanage in Nakuru, Kenya.

To gain a better understanding about the Richard M. Brodsky Foundation, World AIDS Marathon, 5K AIDS / Cancer Run / Walk in America & the book, Jodi, *The Greatest Love Story Ever Told*, please visit the websites [www.richardmbrodsky.org](http://www.richardmbrodsky.org), [www.worldaidsmarathon.com](http://www.worldaidsmarathon.com), [www.5kaidscancer.com](http://www.5kaidscancer.com) & [www.treblloom.com](http://www.treblloom.com).

Donations are greatly appreciated: visit <http://www.worldaidsmarathon.com> and click DONATE or mail to address at top of page. Photos of World AIDS Marathon and related events can be seen on [the marathon](http://the.marathon) website.



Richard M. Brodsky Foundation 1247 Mara Court Atlantic Beach, NY 11509  
Contact: Richard Brodsky Phone: (516)770-7724 [richardm.brodsky@gmail.com](mailto:richardm.brodsky@gmail.com)

**SCHEDULE OF EVENTS IN CONJUNCTION WITH WORLD AIDS MARATHON,  
HALF MARATHON, 10K and 5K  
6 meals including 4 orphan dinner dances + meet & greet dinner +  
lunch w/ special needs kids and a day of art, music and dancing**



Friday: 12/1/24, World AIDS Day Marathon, half marathon, 10K and 5K on Rockaway Boardwalk, Queens, NY USA. There are no other marathons marking World AIDS Day in North America and this one is organized by the only person in the world who runs marathons who is living with HIV and brain cancer. Please celebrate the day with me and everyone whose lives and families have been affected by HIV and cancer as we raise money for local and global organizations and offer hope to people living with HIV and cancer and their caretakers. All other events are held in Kisumu, Kenya.

**ALL KENYAN EVENTS ARE BY INVITATION ONLY**

Thursday 12/5, a day of art with art tutors and lunch at Jiu Pachi. Paintings can be exhibited the final day. Art tutors will be Edward Orato, Maurice Opiyo + George Omondi Odongo. These 3 art tutors were selected because they are designers for the 2023, 2024 and 2025 World AIDS Marathon t-shirts. My wife Jodi and I are ecstatic about all these events.

Friday: 12/6, meet & greet dinner at Mayfair Plaza, 4th floor, opposite Family Bank Kisumu, (across the street from Imperial Hotel Express) 8 pm. Guests: artists and musicians serving as art tutors or musicians from 2021 to 2024; hosts of orphan dinner dances: Marsat Onyango, Pastor Paul, Eunice Owino, Dr. Bonyo and guests; Anne and Carol; Faith & Dr. Nalwa Wafula; Eucabeth Awuonda, daughter + guest from KEMRI; Ignatious Walter Oluoch; Kevin Ong'uti Momanyi, doctors examining orphans, Jameelah. and Gabiro Mtu Messenger & Coster Ojwang will be performing live. If anyone noted on list would like to be invited to other events, kindly write me

Saturday: 12/7, orphan dinner dance, Masara, Kenya (Dr. Bonyo), 2 - 5 pm. Anne, Carol, Kevin, Jameelah, Ignatious

Sunday: 12/8, orphan dinner dance at Pastor Paul, 12:30 - 5 pm. Anne, Carol, Kevin, Jameelah, Ignatious

Monday: 12/9, orphan dinner dance at Marsat Onyango's home (Mama Sarah's daughter), 12:30 - 5 pm, Anne, Carol, Kevin, Jameelah, Ignatious

Tuesday: 12/10, 5K free run to commemorate World AIDS Day starting at 6:30 am, Dunga, details to follow, DUNGA needs a sister city and Rockaway, NY is a similar seaside resort community embracing diversity.

Wednesday: 12/11, personal day

Thursday: 12/12, orphan dinner dance at JIU PACHI 1 pm - 4 pm, Anne, Carol, Kevin, Jameelah, Ignatious

Friday: 12/13, a day of music & dancing for Special Needs Kids, Gabiro MTU will be performing at JIU PACHI, Eve Madara will organize a Fashion Show 10 am - 4 pm, Anne, Carol, Kevin, Jameelah, Ignatious





Rockaway Beach, NY  
2023 World AIDS Day

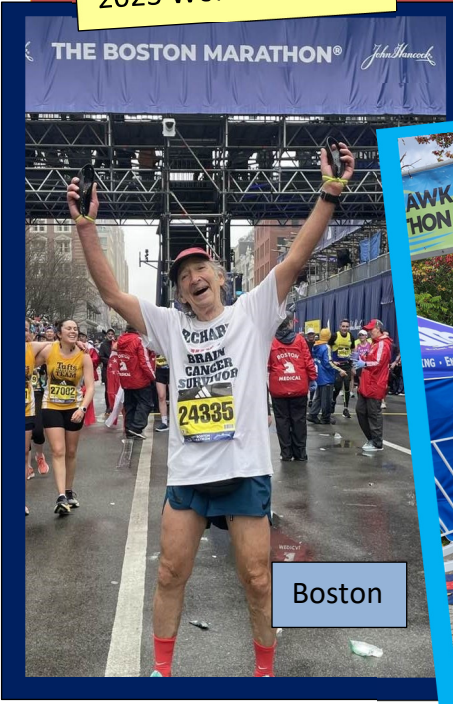


Nova Scotia



Lake Victoria,  
Kenya

*BEST NEWS EVER...*  
Jodi has agreed to run a marathon with me for my 100th birthday.



Boston



Albany, NY



Ft. Lauderdale

**As a team**

Jodi & Richard Brodsky do everything they can to eliminate the stigma of AIDS, give hope to others living w/ HIV & cancer, + offer hope to runners that they can run faster as they age. Richard is 71 and qualified to run his 2<sup>nd</sup> Boston Marathon in '23. Jodi, will run her 11<sup>th</sup> straight Boston Marathon in '24. Richard plans to run 5 marathons in '24 while Jodi plans to run 6.



About 2,560,000 results (0.51 seconds)

### HIV+ brain cancer runner denied Boston Marathon entry

[myemail.constantcontact.com/HIV-brain-cancer-runner-denied-Boston-Marathon-ent...](https://myemail.constantcontact.com/HIV-brain-cancer-runner-denied-Boston-Marathon-ent...)

Apr 3, 2017 - Richard & Jodi Brodsky finishing the 2015 Miami Marathon. I will do everything I can to help eliminate the stigma of AIDS. There are people who have been accepted to the Boston Marathon in the past by making phone calls and writing compelling letters, but I have not been successful as I have already ...

### #Boston #Marathon, #HIV+ #brain cancer #marathon #runner denied ...

<https://www.linkedin.com/.../boston-marathon-hiv-brain-cancer-runner-denied-access-ri...>

Apr 15, 2017 - founder of World AIDS Marathon & 5K AIDS Cancer Run Walk, seeking to improve the lives of people living w/ HIV & cancer. Read why Reverend Wanda Faye Myers thinks it is imperative for Richard to run the Boston Marathon and how he can help others living with HIV and cancer. <http://conta.co/2oeeEV9>.

### 59 Years Young, HIV+ Brain Cancer Survivor Will Be Running Long ...

[www.marketwire.com/.../59-years-young-hiv-brain-cancer-survivor-will-be-running...](http://www.marketwire.com/.../59-years-young-hiv-brain-cancer-survivor-will-be-running...)

Apr 30, 2012 - ATLANTIC BEACH, NY --(Marketwire - April 30, 2012) - Richard Brodsky was diagnosed HIV-positive in 1997. In 2002 he was diagnosed with terminal brain cancer and given 2 - 4 years to live. Brodsky's goal is to run his fastest marathon time for his 4th straight time. Brodsky's last 3...

### Richard Brodsky: Advocate | A&U Magazine

<https://aumag.org> Features

Feb 28, 2018 - Brodsky stays vigorous and vital by running marathons, including the Jerusalem Marathon, the Nova Scotia Marathon, and the New York Marathon. His Foundation sponsors ... When Richard runs, he usually wears a T-shirt that sports the words on front, "HIV+ Brain Cancer Survivor." He's often compared to ...

### Cancer and HIV survivor says he's running for his life | Miami Herald

[www.miamiherald.com/sports/other-sports/article1939399.html](http://www.miamiherald.com/sports/other-sports/article1939399.html)

Jan 27, 2012 - The spirited, resilient Brodsky crushed the four-hour barrier with a 3:23:23 in the New York City Marathon the year after his HIV diagnosis. ... Whatever remains of his brain tumor is "dormant," she said, adding that fewer than 5 percent of patients with his type of aggressive tumor, glioblastoma multiforme, ...

You've visited this page many times. Last visit: 1/24/17

### 11th annual 5K AIDS Cancer Run Walk by Richard M. Brodsky ...

<https://groupnev.com/aids-cancer18>

I'm HIV+ since 1997, a brain cancer survivor since 2002, and a marathon runner for life. Running, leading a healthy lifestyle, and have access to medical care and medicine is keeping me strong. At age 65, seven of my last ten marathons have been my fastest since cancer. Finally, after running 56 marathons I qualified to ...

### Cancer survivor continues to run with purpose | CTV Atlantic News

<https://atlantic.ctvnews.ca/cancer-survivor-continues-to-run-with-purpose-1.3514669>

Jul 22, 2017 - A man who lives with HIV and survived terminal brain cancer, is spreading his message of wellness here in the Maritimes. ... "Right now we are enjoying the ride, and you know, even if we get slower, he says one day we will be the fastest couple marathon runners in the world. So we will shoot for that," says ...

### LIFETIME FITNESS Invites 64 Yr Young HIV+ Brain Cancer Survivor ...

[konknet.com/lifetime-fitness-invites-64-yr-young-hiv-brain-cancer-survivor-miami-b...](http://konknet.com/lifetime-fitness-invites-64-yr-young-hiv-brain-cancer-survivor-miami-b...)

Jan 26, 2017 - Richard Brodsky is HIV+ since 1997, a brain cancer survivor since 2002 and a marathon runner for life. He ran his fastest marathon in NOVA SCOTIA since his terminal cancer diagnosis on July 24, 2016 finishing in 03:53:30. Says Richard, "my wife Jodi Brodsky (formerly Jodi Slansky) is the fastest Jewish ...

### World AIDS Marathon: Invite Richard to Speak

[www.worldaidsmarathon.com/inviterichardtospeak.html](http://www.worldaidsmarathon.com/inviterichardtospeak.html)

World AIDS Marathoner & wife traveling to Kenya for 10th time. Invite HIV+ brain cancer survivor, marathon runner to speak at your school or business. -How is it I'm surviving HIV & brain cancer + running marathons? People living with HIV and/or cancer can reverse their aging process. I'm 62 years young. My last 3 ...





Ebineezer Children's Home, Kenya



Living Hope Fellowship Church, Massapequa



Cohen Children's Medical Center of NY



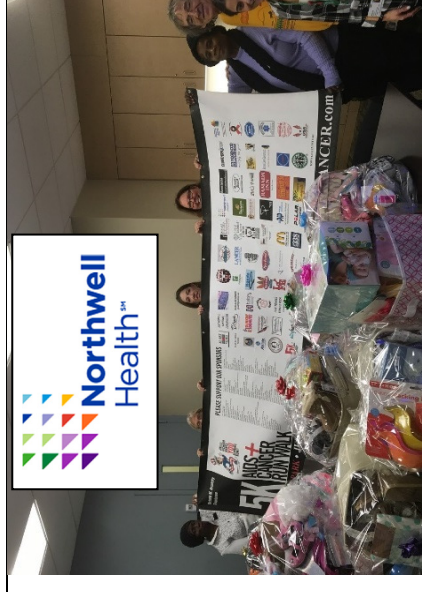
Five Towns Early Learning Center, Inwood



Marion & Aaron Gural Nursery School, JCC



Center of AIDS Research & Treatment



Family Health Center, Elmont



Five Towns Community Center, Lawrence



St. John's Episcopal Hospital, Far Rockaway



The Richard M. Brodsky Foundation in conjunction with its partnership with Delivering Good and Toys R Us & Babies R Us, and allroundfoods.com donated \$380,000 in toys, Covid 19 food relief & cash at 120 Events from 2015 - August 2024. The 5K AIDS Cancer Run Walk or World AIDS Marathon banner was proudly displayed at all events.



# Special kids concert and painting

## Activities

Drawing  
Painting  
Music  
Dancing  
Singing

December 13, 2024  
Art Exhibition of  
Kids Paintings  
plus a Fashion Show

## Art Lesson

December 5  
@ Jiu PACHI  
from 10.00am - 4.30pm

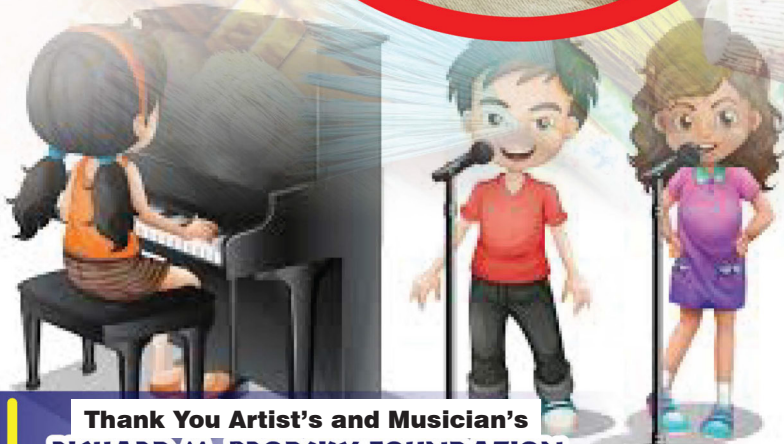
13th December | 10am  
**2024** | 4pm

Special Needs Kids Concert  
@ Jiu Pachi

Lunch, Snacks and drinks  
will be served at  
both venues

Performing Artists

Gabiro Mtu Necessary



*Thank you Mrs. Eunice Owino for  
hosting the event*

Thank You Artist's and Musician's  
RICHARD M. BRODSKY FOUNDATION



## Richard Brodsky's advice on how to beat life-threatening illnesses

**DANCE, LAUGH, SMILE, AND PARTY LIKE THERE IS NO TOMORROW, AND BE SILLY** - Almost every Saturday night my wife Jodi and I go dancing. We laugh and smile easily. Recently my kids said I'm great relating to my grandkids. I get down to their level and act silly. 4- and 6-year-old kids are always being told what to do so if they can have power over grampa, it is a good thing. It all started when I took a candy bar out of a bag that had 20 assorted candy bars and I did not ask my granddaughters for permission. I explained to them that I was invited to Ben's (a 5-year old) birthday party but could not make it and it even says Ben on the bag and this was my goody bag. My grandkids disagreed and kept threatening me that they will tell my daughter. I promised not to do it again if they didn't report me because I won't be allowed to visit again. It is just a silly game and this is what they say when they see me first thing in the morning. "I'm going to tell mommy."

**FIND A HOBBY THAT INTERESTS YOU** - Find your creative side: Sing; write poems or lyrics for songs; act; dance; advocate; paint; design clothing; read; research or be part of a research study; review books, movies, restaurants, hotels, museums; cook or bake; write books or videos or articles to local newspapers; or choose a sport to coach, referee, or participate. You know what's next...

**... RUNNING MARATHONS HAS SAVED MY LIFE, I'M NOT SUGGESTING YOU RUN A MARATHON** - First consult with your doctor if this can work for you: day 1, run 100 feet and then walk until you reach a mile. Increase your run by 100 feet/day and walk until you reach a mile. In 53 days you will have run a mile. Day 54, run a mile, then run 100 feet and then walk until you reach two miles. Day 107, run 2 miles and 100 feet and then walk until you reach 3 miles; increase your run by 100 feet/day and by day 159 you will be running 3 miles. Make sure you have good walking and running shoes, best to visit a local running store. You are now ready to run your first 5K which is 3.1 miles. If you could not run 3 miles and had to walk during the 159 day training period, you can always run/walk the 5K. There are local running clubs where you can run or walk with new friends for free

**BE KIND, LOVING, FORGIVING AND NON-JUDGMENTAL** - We've all been hurt in life, but if the person who hurt you asks for forgiveness, it is much healthier for you to forgive. Staying mad can only cause stress. We've all made mistakes and upbringings and life's situations can change people's perceptions on what is acceptable behavior.

**HELP OTHERS IN NEEDS; YOUR SITUATION IN LIFE COULD ALWAYS BE WORSE** - Make someone smile, buy a cup of coffee for a stranger, even if it is once a month, help someone elderly cross the street, say thank you and give compliments more often, help a child learn to spell or read, reconnect with family and friends. I recently witnessed two cousins whose parents had a disagreement 45 years ago reconnect and they both realized they wasted 45 years.

**THERE IS SO MUCH JOY IN THE WORLD EXCEPT I GET TERRIBLY SEASICK** - My hobby is tracking my friend Maryanne and her husband Kyle sail around the world and watch their progress every day. I travel vicariously through them and have visited hundreds of atolls and archipelagos and places I could never visit. Many of you know how much I love going to Kenya. I thought I would take Jodi on a romantic boar ride in Lake Victoria. We paid for a 90 minute boat ride; in 20 minutes I was thrilled to be back on land.

**ASK YOURSELF, HOW WOULD YOU LIKE PEOPLE TO HELP YOU** - Could you use a meal or a ride to a doctor? Or how about a visit from a friend or a good book to read, or just a special snack, a card or how about a fresh baked bread or cake?

**VOLUNTEER AND CONNECT WITH OTHERS** - Volunteer at local schools, libraries, places of worship, civic clubs, fairs, museums, food pantries, health or running events, your alumnus, fraternity or sorority, community center, local charitable organizations, or holiday events. If you have computer skills, you can help organizations anyplace in America or around the world. We are so blessed to be living in America. Third world countries have so little. Poverty, hunger, clean drinking water, AIDS, malaria, infant mortality, medical care, orphaned children, a lack of education, droughts, floods, etc. We have problems in America but at least we have safety nets where our government helps. This especially applies to kids with special needs where programs don't exist in Africa.

**MY PERSONAL SECRETS:** - I'm not a brain surgeon or rocket scientist but this works for me. I'm HIV+ since 1997 and was diagnosed with terminal brain cancer in 2002. I was determined to beat HIV and that was a much more serious illness back in 1997. A year later I ran my fastest marathon: 3:23:23 at age 45. In 2002, I was doing a book signing at Barnes & Noble in Greenwich Village and I had a seizure, broke my shoulder and was diagnosed with terminal brain cancer and doctors told me I could expect to live 2 - 4 years. I was determined to beat the brain cancer. After shoulder surgery, I started running a quarter mile every day for a week and each week I increased my run a quarter of a mile/day. I ran the NYC Marathon a year and a day after my seizure. I felt good knowing that I was running for everyone living with HIV and brain cancer. My brain oncologist, Dr. Casilda Balmaceda even finished the marathon with me. She suggested I start a Foundation to help others living with HIV and cancer; I took her advice.

Prior to my brain cancer diagnosis, running one marathon a year was my routine. I realized I had to step up my game if I was to survive so running multiple marathons would be my new goal. I get a lot more energy knowing I am not only offering hope to people living with HIV and cancer, but we have also been able to feed 13,000+ orphan in Kenya and provide medical care for 3,300+ Kenyan orphans. We are also helping people living with HIV and cancer in America, especially kids, more recently special needs kids in Kenya. All I have to do is keep running marathons and hope that generous donors like you can support my work. It does not get easier to run marathons as you grow older and sports massages are not a luxury, but a necessity. Goals are important and besides planning trips to Kenya for the next 29 years, 29 years of 5K AIDS Cancer Run Walks in Baldwin Park and sponsoring a World AIDS Marathon every year on World AIDS Day. My loving wife...

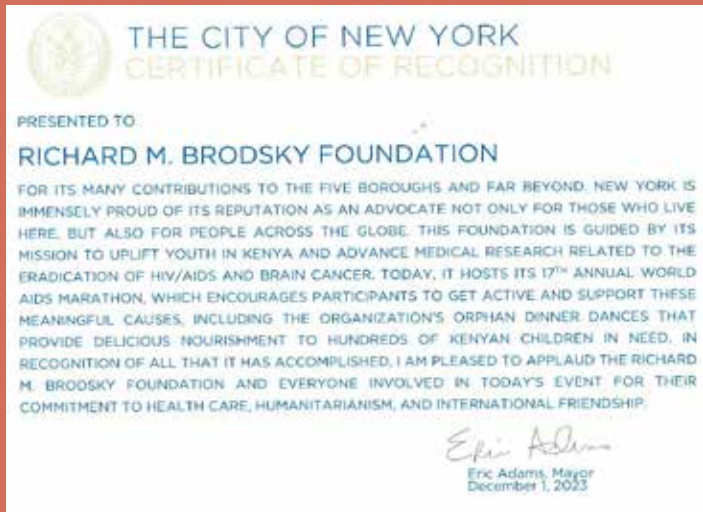


**MAKE  
YOUR  
SPOUSE  
OR  
PARTNER  
YOUR  
BEST  
FRIEND**

**...Jodi agreed to run a marathon w/ me for my 100<sup>th</sup> birthday; I won't deprive my wife of giving me a present. Please pray for Jodi's good health!**



**17th annual World AIDS Marathon garners support from Mayor Eric Adams + TV coverage by CBS News. 2024 World AIDS Marathon t-shirt designed by Kenyan artist Maurice Opiyo.**



Click QR code to view CBS video



The Wave

Rockaway's Newspaper since 1893 | 718-634-4000

## Wavemakers

*Richard and Jodi Brodsky have been sponsoring World Aids Marathons since 2004.*

"I don't fit the profile of a typical marathoner," the Atlantic Beach resident admits. "But running gives me the strength and the energy I need to feel good and help others."

For nearly the past two decades, Brodsky and his wife, Jodi, have sponsored 17 marathons through their nonprofit foundation in an effort to raise funds that will help prevent the spread of cancer and HIV

Their 5K summer runs on Long Island attract hundreds of participants each year while their winter World Aids Marathons have yielded more than a half million dollars since their first event in 2004.

"From the beginning, we really wanted to raise awareness about the effect AIDS was having on millions of people globally, especially in Third World countries," said Brodsky.

To that end, the husband and wife team set out to help the citizens of Kenya, a country then ravaged by the HIV epidemic. They hosted their first AIDS marathon there 18 years ago and have returned almost every year since.





## G-d Answers Richard Brodsky

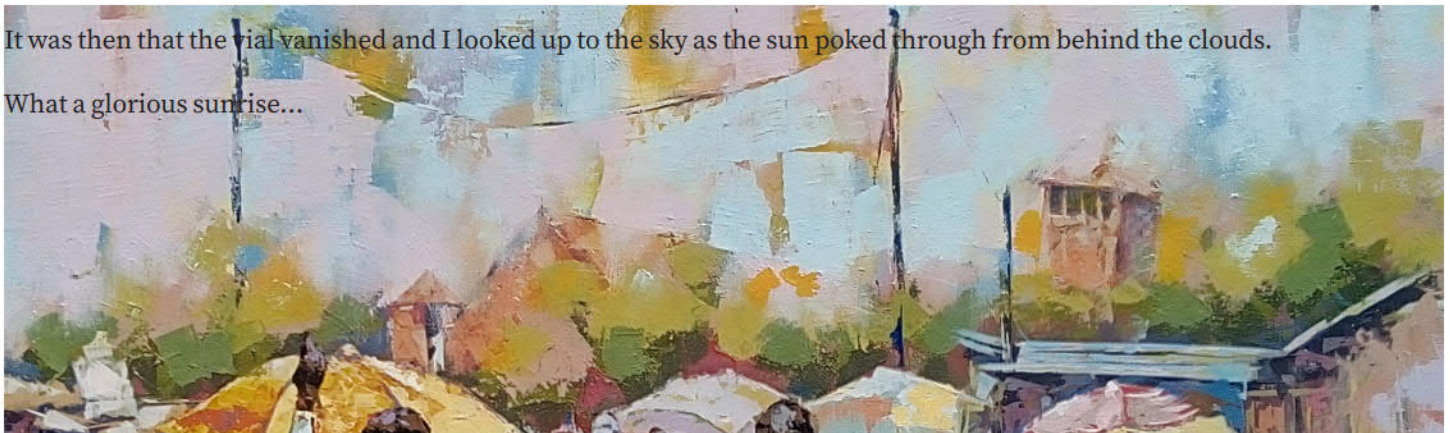
G-D answers HIV-positive, brain cancer survivor, marathon-running author of: *Jodi, The Greatest Love Story Ever Told*, (by Richard M. Brodsky)

Stopping at a drugstore to pick up some meds, I learned from the pharmacist that one prescription could not be filled for twenty-five years. I told the pharmacist that having the prescription filled was very important to me and I suggested that he put it through the system as an override. He looked at the prescription and was shocked to find my request for a conversation with G-d. A look of dismay crossed the pharmacist's face as he resubmitted the prescription. A computer snafu occurred and a second or two later the pharmacist handed me a small vial with a piece of paper inside. I thanked the pharmacist and proceeded to open the vial as I headed to the exit. The message inside read, "Okay, Richard, you have just one question." I exited the store and looked upward and implored, "WHY ME?"

"WHY NOT?" G-d countered as He explained He's getting old and tired and even He is not perfect. He realizes He's made mistakes and the really big ones He's managed to correct. "Dinosaurs..." He claimed, "...those were my biggest mistakes. I did manage to expel them from the planet. Flowers, there I have succeeded admirably. You could not find a human being designing such a variety of colors, textures, fragrances and general layout of a flower from its petals to how the flower opens itself up to the world. I screwed up on roses. They were never supposed to have thorns. But if everything were perfect down there nobody would look forward to keeping me company in the Afterward. Richard, as far as giving you HIV and brain cancer, we did have a computer glitch up here. All this business of pray to G-d, ask G-d's repentance, may G-d keep me in his good graces and on and on. I told you I'm getting old and I could not function without a computer. I'm actually surprised you people down there took so long to develop a computer. I gave you Galileo, DaVinci, Edison...you guys are centuries late. Richard, you were not supposed to get these two fatal illnesses. I was undecided between a few of my favorite earthly religious leaders who were much respected on Earth. People would take them more seriously than you. Next thing I know, the computer freezes and in a flash your name is the one selected to receive HIV and brain cancer. I could not exactly change what had already happened. We do rest up here and whoever talked about resting a day, a week, that doesn't cut it up here. A day or week may be fine but every fifty or so years we need a month, a year or years of rest. I slept through the Hitler years and I rested too long during the early years of AIDS. Besides, giving this illness to you as opposed to a religious leader might prove to be more interesting."

It was then that the vial vanished and I looked up to the sky as the sun poked through from behind the clouds.

What a glorious sunrise...



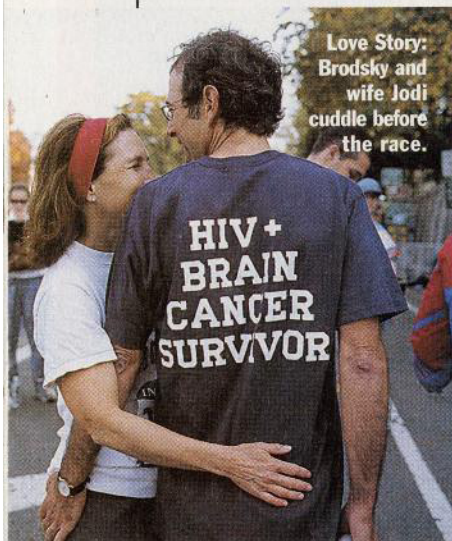
Painting by Arnold Jaoko

For more information visit: [richardmbrodsky.org](http://richardmbrodsky.org) and click LINKS.



## AMAZING RACE

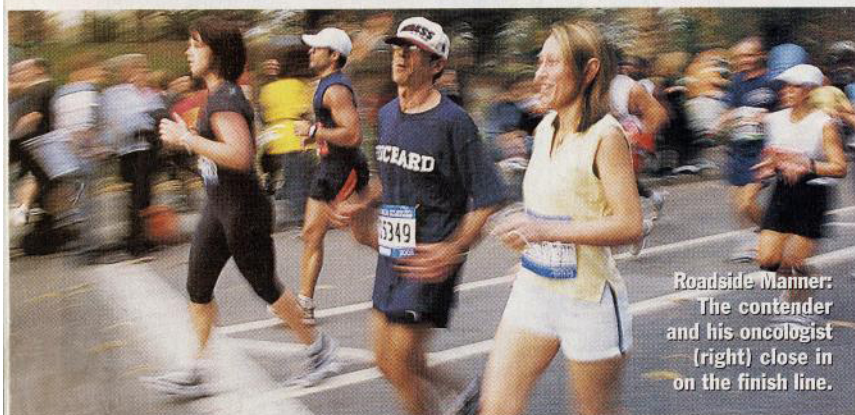
...where cancer and HIV are mere hurdles



Love Story: Brodsky and wife Jodi cuddle before the race.



Running on Plenty: Roadrunners cross NYC's Verrazano Narrows Bridge.



Roadside Manner: The contender and his oncologist (right) close in on the finish line.



Heavy Medals: The latest additions to the Brodsky's long-running collection.

**WHO:** RICHARD BRODSKY  
**WHAT:** RUNS THE MARATHON  
**WHERE:** NEW YORK CITY  
**WHEN:** 11.02.03

**A** year before lacing up for last November's run, HIVer and architect-turned-author Richard Brodsky, 51, collapsed at his book signing. An avid marathon man, he seemed to have hit a wall: a cancerous brain tumor, unrelated to HIV. POZ caught up with Brodsky back at the starting line to see if he could bring home the gold.

I'd run marathons annually since 1992, so I was ecstatic to be returning after my seizure. I'd run my fastest one while positive in '98, but now I had a bad shoulder break from the seizure. I knew that physically this would be my hardest race ever. But I *had* to finish, to prove that HIVers can lead healthy, productive lives.

Finding out I was HIV positive was the worst day of my life. I had to tell my wife, Jodi, that I was unfaithful, bisexual and positive. She never wavered

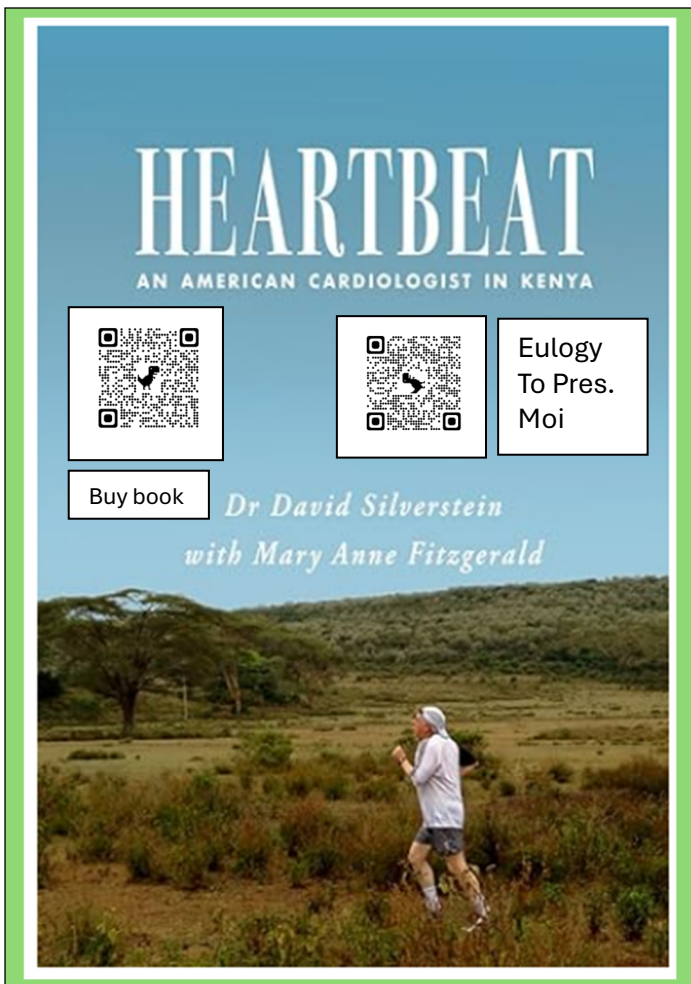
**"My brain said, 'I don't care how much pain you're in. Your job is to finish.'"**

in her decision to stick by me—we love each other, we have three children and we run marathons together (at our own pace). She's also helped with my treatment. My cancer is more serious than my HIV—surgery and radiation have rid 95 percent of the tumor, although some cancer cells remain in my brain. Running is therapeutic, too—it eases my headaches. Luckily, I've been able to promote my first book [Jodi, *The Greatest Love Story Ever Told*] and work on my second.

About 18 miles into the marathon, I asked myself, "Why am I doing this?" My shoulder went numb and my legs felt as if they had nothing left. My brain had to tell my body, "I don't care how much pain you are experiencing, your job is to finish." Then my oncologist, Casilda Balmaceda, joined me for the last mile and a half. I got a spurt of energy near the finish line, where people called out my name on my shirt and I was able to sprint past most of the runners. My time: 4:52. I felt like an Olympic athlete. —as told to Josh Sparber

Got an upcoming milestone? Mark the occasion with POZ by emailing [LiveToTell@poz.com](mailto:LiveToTell@poz.com)





When our team travels to Kenya every year, the 1st night we stay at the home of Channa & Dr. David Silverstein in Nairobi. David's memoir (a must read) is from America. He agreed to set up a cardiology unit in Kenya, 50+ years ago. David was the personal physician and friend of the former President of Kenya, Arap Daniel Moi and 42 years later gave the **eulogy** when Moi died at age 95. Moi trusted David's medical knowledge, treatment, and judgment and the two had many discussions about the old testament. Israel and medical research. Moi became an ardent supporter of Israel. At one point in the story, Moi was in his early to mid-90s and he was gravely ill. Moi's sons wanted to send him to Germany for the best medical care that was available. David suggested Tel Aviv because Moi would get better medical care and enjoy the spiritual experience. Moi definitely enjoyed the trip to Israel. My takeaway was what a mazel that a white, American, Jewish doctor was caring for a black Kenyan, Christian President. There are numerous stories throughout this book of how David never asked anything from Moi, yet Moi made decisions to help Israel. This would not have happened if Moi's doctor was not a white, American Jew. As can be expected, there was a major conflict when the Chief Justice of the Kenyan Supreme Court died while under David's care. Even though David never did anything wrong with respect to the Justice's care, there were many Kenyans upset that the Justice was not being cared for by a black, Christian Kenyan doctor. Channa, David's 2nd wife, turns out to be a joint heroine of the story by bringing a meaningful, loving, relationship into his life. **LISTEN TO EULOGY**

**HOW THE FATHER OF CARDIOLOGY (AND A RUNNER, TOO) IN KENYA MADE A LASTING IMPACT ON THE POSITIVE RELATIONSHIP BETWEEN ISRAEL & KENYA. To my Jewish running friends, did I have anything to do with the photo of David on the book cover and **HELPING TO PROLONG HIS LIFE TO HELP ISRAEL**, I can't say yes or no but David's wife did write me, ...Attached is a picture of the book! You will identify with the cover!**



Thank you Shalom Maidenbaum for sending my wife Jodi and me to run the 2016 Jerusalem Marathon. Emunah Bet Elazraki stated that we raised \$52,000 for their Children's Home in Israel.





Pictured above, l to r, at Dr. Silverstein's home: Jodi Brodsky, Richard Brodsky and Dr. David Silverstein wearing the 2022 World AIDS Marathon t-shirt, Dr. Richard Sartori (pediatrician who has accompanied us to Kenya every year since 2011 and has examined and treated over 1,000 Kenyan orphans, Channa Commanday – David's wife, and David's son Jeremy.





The Richard M. Brodsky Foundation | 1247 Mara Court, Atlantic Beach, NY 11509 | [www.richardmbrodsky.org](http://www.richardmbrodsky.org)

The Richard M. Brodsky Foundation invites you to be a sponsor for its 3rd World AIDS Marathon, half, 10 or 5K races on Rockaway boardwalk, December 1, 2024 + the 4 orphan dinner dances + providing medical care for orphans + 2 days of art, music & dancing for special needs kids. Kindly indicate the donation you would like to make and mail your check in the enclosed envelope. Contact info: Richard Brodsky, [richardm.brodsky@gmail.com](mailto:richardm.brodsky@gmail.com) or (516)770-7724. Diagnosing cancer + treatment is also a huge problem in Africa now and needs to be addressed.

- King of Africa \$5,000
- A Star You Are \$1,000  
*sponsor orphan dinner dance*
- Patron \$500  
*co-sponsor orphan dinner dance*
- A Song For Life \$360



- A Rock Star \$250
- A t-shirt for you \$100
- A book for you \$50
- Friend \$25
- Other

Please make your check payable to the Richard M. Brodsky Foundation and mail to Richard M. Brodsky Foundation, 1247 Mara Court, Atlantic Beach, NY 11509. All donations should be received by Nov 12, 2023. For online donations visit [www.worldaidsmarathon.com](http://www.worldaidsmarathon.com) or [www.richardmbrodsky.org](http://www.richardmbrodsky.org). Thanks for partnering with me and **HELPING TO MAKE THE WORLD A BETTER PLACE THAN WE FOUND IT!**



*Thank you for  
celebrating  
with the  
only  
HIV+ brain cancer  
marathon  
runner!*

